



#7 - 120 MARYLAND STREET  
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**ADULT LIST**  
**PRIVATE PRACTICE**  
**DIRECTORY**  
**2009 - 2010**

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## **APPROACHING FUNCTION – OCCUPATIONAL THERAPY ASSESSMENT AND CONSULTATION**

Carrie Houston, O.T. Reg. (MB)

P.O. Box 61053, RPO Grant Park, Winnipeg R3M 3X8

Phone: (204) 889-5252

Cell: (204) 990-3609

Fax: (204) 487-0282

E-mail: [chouston@mts.net](mailto:chouston@mts.net)

**Area Served:** Manitoba

**Nature of Practice:** Assessment and Consultation

**Services Provided:** Ergonomics, workplace risk assessment, discharge planning, functional and mobility assessments, medical/legal assessment, home assessment/environmental adaptation, health education and promotion, functional capacity evaluations, return to work planning/monitoring, job and physical demands analysis.

**Ages served:** Adults and older adults

**Special Interests:** Return to work planning/monitoring, ergonomics

**System of Referral:** Self referral, Physician or health care professional referral, referral by telephone, fax, or email.

## **BLOCK BUILDING THERAPIES**

### **Sole Proprietor**

Nicole Beauchesne, O.T. Reg. (MB)

1633 ST.Mary's Rd, Winnipeg R2N 1Z0

Phone: (204) 231-0785

Fax: (204) 231-4442

e-mail: [info@blockbuilding.ca](mailto:info@blockbuilding.ca)

website: [www.blockbuilding.ca](http://www.blockbuilding.ca)

**Area Served:** Province of Manitoba including satellite office in Dauphin.

**Nature of Practice:** Assessment, direct intervention and consultation for children and adults.

**Services Provided:** **1. Adults and Children** - Specialization in discharge planning, environmental assessments, equipment prescriptions and cognitive assessment and treatment for clients with a brain injury, spinal cord injury or orthopedic injury. Also facilitating return to school or work processes.

**2. Children** - Community-based occupational therapy services within the child's functional environment (home, school, day care). Services are directed toward increasing a child's independence with activities of daily living which are affected by physical, cognitive or social difficulties. This includes but is not excluded to self care (dressing, toileting), play (concepts, socialization) and work (reading, writing, cutting). Educational inservices can be provided to individuals or groups regarding various topics.

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## **Block Building Therapies (continued)**

**3. Adults** - Completion of physical demands analysis, work site assessments and percentage of duties assessments for clients with soft tissue and/or back injury. Ergonomic assessments for the workplace and gradual return to work programs for the injured worker.

**Ages served:** All ages.

**Special Interests:** **1. Adults and Children** - Traumatic brain injuries, spinal chord injuries, orthopedic injuries.

**2. Children:** Attention deficit disorder, learning disorders, PDD/asperger's/autism, neuromuscular disorders and developmental disorders.

**3. Adults** - Physical demands analysis, percentage of duties assessment, childcare assessments, return to work programs.

**System of Referral:** Self-referral, physician referral or referral directly from schools, family member or third party payer.

## **EMOTIONS: THERAPY FOR KIDS & TEENS**

Rosanne Brezden Papadopoulos, O.T. Reg. (MB)

RDI<sup>®</sup> Program Certified Consultant

3 – 1250 Waverley Street, Winnipeg R3T 6C6

Phone: (204) 254-3146 (Bus.)

Fax: (204) 253-6105 (Bus.)

**Area Served:** No particular geographic district.

**Nature of Practice:** Children, adolescents and parents;  
Adults with ASD;  
Consultation to parents or professionals;  
Workshops or professional development opportunities;  
Experiential classroom presentations.

**Services Provided:** Primary intervention includes:  
-Relationship Development Program (RDI<sup>®</sup>). An RDI<sup>®</sup> program is a carefully designed, apprenticeship based program targeting the development of dynamic intelligence. It was originally designed for individuals on the autistic spectrum but has expanded to include other diagnosis that impact upon social development. RDI<sup>®</sup> seeks to engage guides (parents of children, mentors of adults) in methods of interaction that follow normal development. This process activates brain pathways and develops dynamic thinking abilities that ultimately lead to quality of life. Through RDI<sup>®</sup>, interactive opportunities are constructed and spotlighted in such a way as to allow the individual to discover what was previously missed, build upon those discoveries in a meaningful sequence, and integrate at a deep and lasting level.

Other interventions include:

-Child-centered approach that includes cognitive behavioral strategies, sensory processing, CIRCLES program. This style of therapy is most useful for children

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## **Emotions: Therapy for Kids and Teens (continued)**

or adolescents who require assistance in the areas of emotional self-awareness, self-management skills, relaxation strategies and sexuality education. For some children, a classroom presentation may be recommended to help their peers develop understanding and compassion.

- Parents and teachers become involved through meetings and education designed to increase their knowledge regarding the child's sensory or educational needs within their learning or home environment. A home therapy book may be used to transfer learning from the clinic to the child's home and school environment.
- Workshops/consultation to parents or professionals regarding the issue of sexuality and disabilities.
- Specialized curriculum development in the area of sexuality and special needs for students who are unable to learn this material within the regular junior high or high school environment.

<b>Ages served:</b>	Primarily 4 - 18, parents and teachers Special needs adults also considered
<b>Special Interests:</b>	RDI <sup>®</sup> parent consultation and coaching Sexuality and developmental disabilities
<b>System of Referral:</b>	Self, physician, parent, etc.

## **ENABLING ACCESS**

### **Sole Proprietor**

Marnie Courage, O.T. Reg. (MB)

Occupational Therapist

Phone: (204) 475-0433

Fax: (204) 475-4011

E-mail: marnie@ea-solutions.ca

Website: www.ea-solutions.ca

**Area Served:** Province of Manitoba

**Services Provided:** **REHABILITATION SERVICES**

- Hospital Discharge Planning
- Home Safety and Access Assessments
- Workplace assessments
- Functional Assessments/ Personal Care Assessments
- Scarring Assessments
- Permanent Disability Assessments
- Future Cost of Care Assessments
- Wheelchair and Seating Prescriptions
- Consultation on Disability Related Products
- Assistive Technology and Computer Access Training
- Special Interest Training sessions for day program staff, residential staff, caregivers and Allied Health professionals.
- Sensory Integration and Sensory based programming
- Driver rehabilitation training (computer based)
- Medical/Legal services
- Residential Accessibility Consultation and Design
- Adapted Yoga (Seated Stretch and Strength)

**WORKPLACE SERVICES**

- Disability Case Management
- Ergonomic Assessments (Corporate and Home Office)
- Job demands analysis (JDA)

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**Enabling Access** (continued)

**WORKPLACE SERVICES** (continued)

- Functional Capacity Evaluations (FCE)
- Return to Work Coordination (GRTW, RTW)
- Post-offer Pre-placement Testing (PPT)
- Workplace Injury Prevention/Ergonomic Workshops and Training
- Corporate Ergonomic Policy Development
- Workplace Wellness Programming

**Ages served:** All ages.

**Special Interests:**

- Home access and environmental accommodations
- Spinal Cord injuries, Brain injuries, Neuromuscular Disorders and Developmental Disabilities.
- Ergonomics and Injury Prevention

**System of Referral:** Direct or third party referrals, by phone, fax or e-mail.

## **KELLY CARR OCCUPATIONAL THERAPY SERVICES**

Kelly Carr, O.T. Reg. (MB)  
Sole Proprietor

14 John Taylor Place, Winnipeg R2K 3X1  
Phone: (204) 669-5055 or 228-2062  
Fax: (204) 663-1648  
Email: [kellycarr@shaw.ca](mailto:kellycarr@shaw.ca)

- Area Served:** Manitoba and NW Ontario
- Nature of Practice:** Assessment, consultation, and direct service to individuals, families, and caregivers.
- Services Provided:**
- Home accessibility assessment and environmental adaptation
  - Personal care and functional assessments/recommendations
  - Equipment/wheelchair/seating assessment/prescription
  - Workplace accessibility assessment/recommendations
  - Vehicle modification assessment/recommendations
  - Community transition/discharge planning from hospital to home
- Ages served:** 14+
- Special Interests:**
- 25+ years of local experience in spinal cord injury and other physical injuries/disabilities.
  - Well-established network of resources and working relationships with community agencies and vendors.
- System of Referral:** Referrals can be made by phone, fax, or email by client, family, third-party insurance managers, and/or other healthcare professionals.

## MAXIMIZE HUMAN CAPABILITIES - MHC

### **Sole Proprietor**

Lorraine Mischuk, O.T. Reg. (MB)

P.O. Box 28081 RPO North Kildonan

Winnipeg, MB R2G 4E9

Phone: (204) 453-8705

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e-mail: [info@maxot.ca](mailto:info@maxot.ca)

website : [www.maxot.ca](http://www.maxot.ca)

**Area Served:** Province of Manitoba.

**Nature of Practice:** Ergonomics and occupational therapy.

**Services Provided:** Worksite assessment and accommodation  
Ergonomic assessments  
Functional capacity evaluation  
Cognitive assessment  
Job demands analysis  
Post Offer Pre Placement testing  
Injury prevention (individual employee early intervention or group employee education sessions designed for that particular employer)  
Home assessments and accommodation  
Individualized programming (home/community based exercise/activity programs, client education and counseling)  
Gradual return to work programs  
Repetitive strain injury - splinting  
Medical - legal consultation

**Ages served:** Adult

**Special Interests:** Repetitive strain injuries, ergonomic modifications, workplace intervention.

**System of Referral:** Fax, telephone or e-mail information.

## **THERAPY FIRST**

Corinna Klassen, O.T. Reg. (MB) and Angie Maidment, O.T. Reg. (MB)  
39 Harbours End Cove, Winnipeg R3X 1Z7  
Phone: (204) 612-0398 (Angie) and 612-0399 (Corinna)  
Fax: (204) 255-8848  
E-mail: OT@TherapyFirst.ca  
Web: www.TherapyFirst.ca

- Area Served:** Winnipeg and surrounding area.
- Nature of Practice:** -Assessment and intervention within the client's home and community to enable maximal independence and safety within their home, work and community environments.
- Services Provided:**
- Thorough wheelchair seating and mobility assessments and consultation.
  - Home safety and home equipment assessments.
  - Consultation regarding home modification for accessibility.
  - Hospital discharge planning.
  - Spinal cord injury rehabilitation.
  - Stroke rehabilitation.
  - Brain injury rehabilitation.
  - Community reintegration assessments and intervention.
  - Personal Care Assessments, Teach and coordinate workshops on seating and mobility, transfers, home safety, specific disabilities and other topics, as needed.
  - Physiotherapy services available
- Ages served:** All ages.
- Special Interests:** Wheelchair seating and mobility, clients with spinal cord injuries, strokes, brain injuries, neuromuscular disorders and amputations.
- System of Referral:** Phone or fax contact by client, family, case manager, physician, third party, etc.  
Referral form available.

## **WORK-ABLE SOLUTIONS - Occupational Therapy Consulting Services**

Elaine Huzel, O.T. Reg. (MB)

P.O. Box 38033, Winnipeg R2E 1H3

Phone: (204) 338-0601

Fax: (204) 334-8898

e-mail: [elaine@workablesolutions.ca](mailto:elaine@workablesolutions.ca)

web: [www.workablesolutions.ca](http://www.workablesolutions.ca)

**Area Served:** Manitoba.

**Nature of Practice:** Work-Able Solutions is a private organization that offers occupational therapy services designed to:

- Maximize function and assist individuals to safely return to work and activities of daily living
- Assist individuals and organizations to prevent workplace injuries.

**Services Provided:** Work-Able Solutions offers a wide range of assessment and rehabilitation services that address a full spectrum of physical, cognitive and psychosocial impairments. Some of our services include ergonomic assessment, job demands analysis, functional capacity evaluation, cognitive assessment, activities of daily living assessment, reasonable accommodation assessment, return to work programs, acquired brain injury rehabilitation, chronic pain rehabilitation, home or community-based rehabilitation programs, education seminars and injury prevention workshops and programs.

**Ages served:** Adolescents and adults.

**System of Referral:** Direct or third party referrals are accepted. Contact Elaine Huzel by phone or in writing (fax, mail, or e-mail).