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CHILDREN'S SERVICES

PRIVATE PRACTICE

DIRECTORY

2011 - 2012

APEX THERAPY SERVICES

Russel Dyck, O.T. Reg. (MB)
PO Box 61026, RPO Grant Park
Winnipeg MB R3M 3X8
Phone: (204) 415-3973
Fax: (204) 221-8847
E-mail: russel@apextherapyservices.ca
Website: www.apextherapyservices.ca

- Area Served:** Winnipeg & Rural Manitoba
- Nature of Practice:** Occupational therapy consultation and counselling services.
- Services Provided:**
- Worksite assessments (job demands analysis, percentage of duties)
 - Ergonomic assessments
 - Return-to-work programming
 - Personal care
 - Accessible design projects
 - Housing assessments
 - Cognitive assessments
 - Mental health (assessment and therapy)
 - Permanent impairment assessments
 - Seating
 - Discharge planning
 - School assessments
 - Dependent assessments
 - Neuro & musculoskeletal (assessment and therapy)
 - Counselling, pediatric occupational therapy
- Ages served:** All
- Special Interests:** Housing and corporate barrier-free design (as part of a team consisting of an occupational therapist, interior designer, architect, and construction company), complex return-to-work programs, counseling and mental health.
- System of Referral:** Referral forms are available and can be faxed, called in, or emailed (must contact Apex Therapy Services to obtain the form)

AQUA ABILITIES

Sole Proprietor

Davna Belhassen, O.T. Reg. (MB)

110 - 5 Valhalla Drive, Winnipeg R2G 0X6

Phone: (204) 233-3743

e-mail: aqua_abilities@hotmail.com

- Area Served:** Winnipeg and surrounding area.
- Nature of Practice:** Direct service and consultation to individuals and groups. We specialize in using water as a therapeutic medium to facilitate movement, learning and communication for both children and adults with special needs.
- Services Provided:** Individual and group treatment. Workshop water safety for paraprofessionals, program development and consultation for schools, respite organizations, community groups and the City of Winnipeg Parks and Recreation Department.
- Special Interests:** Working with verbal and non-verbal children on the Autism Spectrum, Cerebral Palsy, Learning Disabilities ADHD and behaviorally challenged.
- System of Referral:** Self-referral by phone call or email.

BLOCK BUILDING THERAPIES

Sole Proprietor

Nicole Beauchesne, O.T. Reg. (MB)

PO Box 53060, RPO South St. Vital

Winnipeg MB R2N 3X2

Phone: (204) 231-0785

Fax: (204) 231-4442

e-mail: info@blockbuilding.ca

website: www.blockbuilding.ca

Area Served: Province of Manitoba

Nature of Practice: Assessment, direct intervention and consultation for children and adults.

Services Provided: **1. Adults and Children** - Specialization in discharge planning, environmental assessments, equipment prescriptions and cognitive assessment and treatment for clients with a brain injury, spinal cord injury or orthopedic injury. Also facilitate return to school or work processes for clients with above injuries.

2. Children - Community-based occupational therapy services within the child's functional environment (home, school, day care). Services are directed toward increasing a child's independence with activities of daily living which are affected by physical, cognitive or social difficulties. This includes but is not excluded to self care (dressing, toileting), play (concepts, socialization) and work (reading, writing, cutting). Educational inservices can be provided to individuals or groups regarding various topics.

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Block Building Therapies (continued)

3. Adults - Completion of personal care assessments, physical demands analysis, work site assessments and percentage of duties assessments for clients with soft tissue and/or back injury. Ergonomic assessments for the workplace and gradual return to work programs for the injured worker. Competency shelter and assessments for clients with brain injuries and dementia.

Ages served: All ages.

Special Interests: **1. Adults and Children** - Traumatic brain injuries, spinal cord injuries, orthopedic injuries.

2. Children: Attention deficit disorder, learning disorders, PDD (asperger's/autism), neuromuscular disorders and developmental disorders.

3. Adults – Personal Care Assessments, Worksite Assessments, Physical Demands Analysis, Percentage of Duties assessment, Childcare assessments, Return to Work programs.

System of Referral: Self-referral, physician referral or referral directly from schools, family member or third party payer.

CHOICE CHILDREN'S MULTI REHABILITATION SERVICES

Leslie Assor, O.T. Reg. (MB)
7D – 221 Wellington Crescent
Winnipeg MB R3M 0A1
Phone: (204) 339-0138
Email: lassor@shaw.ca

- Area Served:** Manitoba, primarily Winnipeg
- Nature of Practice:** Direct service and/or consultation to families, children, caregivers and educators.
- Services Provided:** Assessment, direct intervention and consultation by one or more professionals, as needed. Services provided in the home, occupational therapy clinic or a community-based site, individually or in small groups. Services are directed toward maximizing children's learning and development at home, school and other community settings. Comprehensive assessments provided. A variety of treatment modalities are used.
- Ages served:** Birth to 18 years
- Special Interests:** Neurodevelopmental delays/disorders, sensory processing disorder, attention deficits, brain injuries, autism spectrum disorder, deaf and hard of hearing, learning disabilities. Therapist is sensory integration certified. Has working knowledge of American Sign Language.
- System of Referral:** Self-referral, families, physicians, professionals to call or make written referral.

DISCOVERIES IN THERAPY

Rosanne Brezden Papadopoulos, O.T. Reg. (MB)
RDI® Program Certified Consultant
B101 – 11 Evergreen Place, Winnipeg MB R2L 2T9
Phone: (204) 254-3146
Fax: (204) 253-6105
Email: kidsandteens@mymts.net
Website: www.discoveriesintherapy.com

Area Served: No particular geographic district.

Nature of Practice: -Issues related to neurodevelopmental disabilities that include children, adolescents and their families;
-Consultation to parents or professionals;
-Workshops or professional development opportunities;
-Experiential classroom presentations.

Services Provided: Primary intervention includes:

- Relationship Development Program (RDI®).
www.rdiconnect.com. An RDI® program is a carefully designed, apprenticeship-based remediation program targeting the development of dynamic intelligence. It was originally designed for individuals on the autistic spectrum but has expanded to include other diagnosis that impacts on social development. RDI® seeks to engage guides (parents, mentors of adults) in methods of interaction that follow normal development. This process activates brain pathways and develops dynamic thinking ability that ultimately lead to quality of life. Through RDI®, interactive opportunities are constructed and spotlighted in such a way as to allow the child to discover what was previously missed, build upon those discoveries in meaningful sequences, and integrate at a deep, lasting level.

Other interventions include:

- Integrated Listening Systems®
www.integratedlisteningystems.com An ILS® program is a multi-sensory, neurophysiological approach that

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Discoveries in Therapy (continued)

combines auditory stimulation with balance, movement and visual motor activities. Research has found this program effective for children experiencing attention difficulties in auditory processing, reading/learning, alertness/focus and self-esteem.

- Child centered approach that includes cognitive behavioral strategies, sensory processing, and the CIRCLES program. This style of therapy is most useful for children or adolescents who require assistance in the areas of emotional self-awareness, self-management skills, relaxation strategies and sexuality education. For some clients, a classroom presentation may be recommended to help their peers develop understanding and compassion.
- Parents and teachers become involved through meetings and education designed to increase their knowledge regarding the child's sensory or educational needs within their learning or home environment. A home therapy book may be used to transfer learning from the clinic to the child's home and school environment.
- Workshops/consultation to parents or professionals regarding the issue of sexuality and disabilities including knowledge and integration of specialized methods to keep children/adolescents with special needs "safe".
- Specialized curriculum development in the area of sexuality and special needs for students who are unable to learn this material within the regular junior high or high school environment.

Ages served: Primarily 4 - 18, parents and teachers
Special needs adults also considered

Special Interests: -Dynamic intelligence in neurodevelopmental disorders
-Implications of relationships upon the neurophysiological process
-Sexuality and developmental disabilities

System of Referral: Self, physician, parent, etc.

KINEX OCCUPATIONAL THERAPY

Kym Farmer OT Reg MB, BA, MOT
Shannon Farmer OT Reg MB, BA, MOT
T 204 990 3960 / 204 999 4171
F 204 272 5650
info@kinextherapy.com
www.kinextherapy.com

Area Served: Manitoba

Nature of Practice: Occupational therapy assessments, interventions, and consultations to individuals or groups

Services Provided: All Ages: Cognitive assessments, discharge planning, educational in-services, home safety assessments, medical-legal services, mental health assessments, mobility and equipment prescriptions, motor skills assessments (e.g. fine motor, gross motor), long-term care services, return to work programs, school programs, universal design, among others. Services can be customized to meet your needs.

Adults: Ergonomic assessments, functional assessments, functional capacity evaluations, job/physical demands analysis, permanent impairment assessments, personal care assessments, among others.

Children: Occupational therapy services designed to help children achieve developmental milestones, increase independence, improve performance, and enhance self-esteem.

Ages Served: All ages

Special Interests: Pediatrics

System of Referrals: Self referral, family members, health care professionals, third party payers, etc. Referrals accepted via phone, or e-mail. Referral forms available online.