



#7 - 120 MARYLAND STREET
WINNIPEG, MB. R3G 1L1
(204) 957-1214
(FAX) 775-2340

**COMPLETE LIST
PRIVATE PRACTICE
DIRECTORY
2009 - 2010**

APPROACHING FUNCTION – OCCUPATIONAL THERAPY ASSESSMENT AND CONSULTATION

Carrie Houston, O.T. Reg. (MB)

P.O. Box 61053, RPO Grant Park, Winnipeg R3M 3X8

Phone: (204) 889-5252

Cell: (204) 990-3609

Fax: (204) 487-0282

E-mail: chouston@mts.net

Area Served: Manitoba

Nature of Practice: Assessment and Consultation

Services Provided: Ergonomics, workplace risk assessment, discharge planning, functional and mobility assessments, medical/legal assessment, home assessment/environmental adaptation, health education and promotion, functional capacity evaluations, return to work planning/monitoring, job and physical demands analysis.

Ages served: Adults and older adults

Special Interests: Return to work planning/monitoring, ergonomics

System of Referral: Self referral, Physician or health care professional referral, referral by telephone, fax, or email.

AQUA ABILITIES

Sole Proprietor

Davna Belhassen, O.T. Reg. (MB)

104 - 5 Valhalla Drive, Winnipeg R2G 0X6

Phone: (204) 233-3743

e-mail: aqua_abilities@hotmail.com

- Area Served:** Winnipeg and surrounding area.
- Nature of Practice:** Direct service and consultation to individuals and groups. We specialize in using water as a therapeutic medium to facilitate movement, learning and communication for both children and adults with special needs.
- Services Provided:** Individual and group treatment. Workshop water safety for paraprofessionals, program development and consultation for schools, respite organizations, community groups and the City of Winnipeg Parks and Recreation Department.
- Special Interests:** Working with verbal and non-verbal children on the Autism Spectrum, Cerebral Palsy, Learning Disabilities ADHD and behaviorally challenged.
- System of Referral:** Self-referral by phone call or email.

B.A. KOWALSKI GROUP

Barbara Kowalski, O.T. Reg. (MB)

RPO Courts, P.O. Box 54004, Winnipeg R3J 3Z3

Phone: (204) 885-1297

Fax: (204) 885-1297

e-mail: bakowalski@aol.com

Area Served: Province of Manitoba

Nature of Practice: Direct service, assessment and consultation.

Services Provided:

- 1) Case management and return to work co-ordination.
- 2) Rehabilitation and vocational assessment.
- 3) Job demands and ergonomic analysis.
- 4) Functional assessment to determined service levels and need for assistive devices.

Ages served: Adults

Special Interests: Disability management, vocational rehabilitation.

System of Referral: Self-referral followed by a letter of request for services or by contract.

BLOCK BUILDING THERAPIES

Sole Proprietor

Nicole Beauchesne, O.T. Reg. (MB)

1633 ST.Mary's Rd, Winnipeg R2N 1Z0

Phone: (204) 231-0785

Fax: (204) 231-4442

e-mail: info@blockbuilding.ca

website: www.blockbuilding.ca

Area Served: Province of Manitoba including satellite office in Dauphin.

Nature of Practice: Assessment, direct intervention and consultation for children and adults.

Services Provided: **1. Adults and Children** - Specialization in discharge planning, environmental assessments, equipment prescriptions and cognitive assessment and treatment for clients with a brain injury, spinal cord injury or orthopedic injury. Also facilitating return to school or work processes.

2. Children - Community-based occupational therapy services within the child's functional environment (home, school, day care). Services are directed toward increasing a child's independence with activities of daily living which are affected by physical, cognitive or social difficulties. This includes but is not excluded to self care (dressing, toileting), play (concepts, socialization) and work (reading, writing, cutting). Educational inservices can be provided to individuals or groups regarding various topics.

continued...

Block Building Therapies (continued)

3. Adults - Completion of physical demands analysis, work site assessments and percentage of duties assessments for clients with soft tissue and/or back injury. Ergonomic assessments for the workplace and gradual return to work programs for the injured worker.

Ages served: All ages.

Special Interests: **1. Adults and Children** - Traumatic brain injuries, spinal chord injuries, orthopedic injuries.

2. Children: Attention deficit disorder, learning disorders, PDD/asperger's/autism, neuromuscular disorders and developmental disorders.

3. Adults - Physical demands analysis, percentage of duties assessment, childcare assessments, return to work programs.

System of Referral: Self-referral, physician referral or referral directly from schools, family member or third party payer.

CHOICE CHILDREN'S MULTI REHABILITATION SERVICES

Leslie Assor, O.T. Reg. (MB)
TH8 – 277 Wellington Crescent
Winnipeg MB R3M 3V7
Phone: (204) 339-0138
Email: lassor@shaw.ca

- Area Served:** Manitoba, primarily Winnipeg
- Nature of Practice:** Direct service or consultation to families, children, caregivers and educators.
- Services Provided:** Assessment, direct intervention and consultation by one or more professionals, as needed. Services provided in the home, occupational therapy clinic or a community-based site, individually or in small groups. Services are directed toward maximizing children's learning and development at home, school and other community settings. Comprehensive assessments provided. A variety of treatment modalities are used.
- Ages served:** Birth to 18 years
- Special Interests:** Neurodevelopmental dysfunction, attention deficits, brain injuries, autism spectrum disorder, sensory integration, deaf and hard of hearing, learning disabilities. Therapist is sensory integrative certified. Has working knowledge of American Sign Language.
- System of Referral:** Self-referral, families, physicians, professionals to call or make written referral.

EMOTIONS: THERAPY FOR KIDS & TEENS

Rosanne Brezden Papadopoulos, O.T. Reg. (MB)

RDI[®] Program Certified Consultant

3 – 1250 Waverley Street, Winnipeg R3T 6C6

Phone: (204) 254-3146 (Bus.)

Fax: (204) 253-6105 (Bus.)

Area Served: No particular geographic district.

Nature of Practice: Children, adolescents and parents;
Adults with ASD;
Consultation to parents or professionals;
Workshops or professional development opportunities;
Experiential classroom presentations.

Services Provided: Primary intervention includes:
-Relationship Development Program (RDI[®]). An RDI[®] program is a carefully designed, apprenticeship based program targeting the development of dynamic intelligence. It was originally designed for individuals on the autistic spectrum but has expanded to include other diagnosis that impact upon social development. RDI[®] seeks to engage guides (parents of children, mentors of adults) in methods of interaction that follow normal development. This process activates brain pathways and develops dynamic thinking abilities that ultimately lead to quality of life. Through RDI[®], interactive opportunities are constructed and spotlighted in such a way as to allow the individual to discover what was previously missed, build upon those discoveries in a meaningful sequence, and integrate at a deep and lasting level.

Other interventions include:

-Child-centered approach that includes cognitive behavioral strategies, sensory processing, CIRCLES program. This style of therapy is most useful for children

continued...

Emotions: Therapy for Kids and Teens (continued)

or adolescents who require assistance in the areas of emotional self-awareness, self-management skills, relaxation strategies and sexuality education. For some children, a classroom presentation may be recommended to help their peers develop understanding and compassion.

- Parents and teachers become involved through meetings and education designed to increase their knowledge regarding the child's sensory or educational needs within their learning or home environment. A home therapy book may be used to transfer learning from the clinic to the child's home and school environment.
- Workshops/consultation to parents or professionals regarding the issue of sexuality and disabilities.
- Specialized curriculum development in the area of sexuality and special needs for students who are unable to learn this material within the regular junior high or high school environment.

Ages served:	Primarily 4 - 18, parents and teachers Special needs adults also considered
Special Interests:	RDI® parent consultation and coaching Sexuality and developmental disabilities
System of Referral:	Self, physician, parent, etc.

ENABLING ACCESS

Sole Proprietor

Marnie Courage, O.T. Reg. (MB)

Occupational Therapist

Phone: (204) 475-0433

Fax: (204) 475-4011

E-mail: marnie@ea-solutions.ca

Website: www.ea-solutions.ca

Area Served: Province of Manitoba

Services Provided: **REHABILITATION SERVICES**

- Hospital Discharge Planning
- Home Safety and Access Assessments
- Workplace assessments
- Functional Assessments/ Personal Care Assessments
- Scarring Assessments
- Permanent Disability Assessments
- Future Cost of Care Assessments
- Wheelchair and Seating Prescriptions
- Consultation on Disability Related Products
- Assistive Technology and Computer Access Training
- Special Interest Training sessions for day program staff, residential staff, caregivers and Allied Health professionals.
- Sensory Integration and Sensory based programming
- Driver rehabilitation training (computer based)
- Medical/Legal services
- Residential Accessibility Consultation and Design
- Adapted Yoga (Seated Stretch and Strength)

WORKPLACE SERVICES

- Disability Case Management
- Ergonomic Assessments (Corporate and Home Office)
- Job demands analysis (JDA)

continued...

Enabling Access (continued)

WORKPLACE SERVICES (continued)

- Functional Capacity Evaluations (FCE)
- Return to Work Coordination (GRTW, RTW)
- Post-offer Pre-placement Testing (PPT)
- Workplace Injury Prevention/Ergonomic Workshops and Training
- Corporate Ergonomic Policy Development
- Workplace Wellness Programming

Ages served: All ages.

Special Interests:

- Home access and environmental accommodations
- Spinal Cord injuries, Brain injuries, Neuromuscular Disorders and Developmental Disabilities.
- Ergonomics and Injury Prevention

System of Referral: Direct or third party referrals, by phone, fax or e-mail.

KELLY CARR OCCUPATIONAL THERAPY SERVICES

Kelly Carr, O.T. Reg. (MB)
Sole Proprietor

14 John Taylor Place, Winnipeg R2K 3X1
Phone: (204) 669-5055 or 228-2062
Fax: (204) 663-1648
Email: kellycarr@shaw.ca

- Area Served:** Manitoba and NW Ontario
- Nature of Practice:** Assessment, consultation, and direct service to individuals, families, and caregivers.
- Services Provided:**
- Home accessibility assessment and environmental adaptation
 - Personal care and functional assessments/recommendations
 - Equipment/wheelchair/seating assessment/prescription
 - Workplace accessibility assessment/recommendations
 - Vehicle modification assessment/recommendations
 - Community transition/discharge planning from hospital to home
- Ages served:** 14+
- Special Interests:**
- 25+ years of local experience in spinal cord injury and other physical injuries/disabilities.
 - Well-established network of resources and working relationships with community agencies and vendors.
- System of Referral:** Referrals can be made by phone, fax, or email by client, family, third-party insurance managers, and/or other healthcare professionals.

KEY STEPS REHABILITATION AND CONSULTING SERVICES

Stephanie Jordan, O.T. Reg. (MB)

Box 21005, 3360 Victoria Ave, Brandon, MB R7B 2L0

Phone: (204) 573-6262

Fax: (204) 867-2391

Email: sjordan@keysteps.ca

Website: www.keysteps.ca

Area Served: Province of Manitoba

Nature of Practice: Key Steps is a privately owned rehabilitation company that provides consultation and disability management services to a variety of organizations and individuals. The main goals of the occupational therapy services provided are: safe return to work, increased work productivity, safe discharge from hospital, increased independence and/or safety within the home, and increased mobility.

Services Provided: Functional home assessments, wheelchair assessments, power mobility assessments, hospital discharge co-ordination, worksite/ergonomic assessments, physical demands analyses, return to work programs, permanent impairment assessments (i.e. scarring, range of motion), cognitive screening, and educational workshops.

Ages Served: All.

System of Referral: Direct or third part referrals accepted via fax, phone, e-mail, or mail. Referral form available upon request or can be downloaded from website.

LEARNINGLINKS THERAPY

Vionna Hladky, O.T. Reg. (MB)
791 Foxgrove Avenue, Winnipeg R2E 0A8
Phone: (204) 661-0921
Fax: (204) 661-0762
e-mail: learning-links@shaw.ca

- Area Served:** Winnipeg and surrounding area
- Nature of Practice:** Assessment, consultation, and intervention oriented to the priorities of the family
- Services Provided:**
- 1) Developmental assessment:
sensory, motor, and learning skills
functional daily living skills
 - 2) Treatment planning and intervention
 - 3) Consultation and support to caregivers in caring and planning for their child.
 - 4) Intervention for sensory processing difficulties, including sensory defensiveness.
 - 5) Interactive Metronome[®] therapy - this program has been shown to directly improve mental processing abilities that affect timing, focus/concentration, motor planning and coordination.
 - 6) Services are clinic or community-based.
- Ages served:** Birth to 17 years
Interactive Metronome[®] training - 4 years to adult
- Special Interests:**
- sensory processing (sensory integration certified)
 - hand skills (printing, writing)
 - motor coordination, motor planning skills
 - focus and concentration skills.
- System of Referral:** -self, parent, professional referral, by phone, letter, or Email

MAXIMIZE HUMAN CAPABILITIES - MHC

Sole Proprietor

Lorraine Mischuk, O.T. Reg. (MB)

P.O. Box 28081 RPO North Kildonan

Winnipeg, MB R2G 4E9

Phone: (204) 453-8705

Fax: (204) 453-8706

e-mail: info@maxot.ca

website : www.maxot.ca

Area Served: Province of Manitoba.

Nature of Practice: Ergonomics and occupational therapy.

Services Provided: Worksite assessment and accommodation
Ergonomic assessments
Functional capacity evaluation
Cognitive assessment
Job demands analysis
Post Offer Pre Placement testing
Injury prevention (individual employee early intervention or group employee education sessions designed for that particular employer)
Home assessments and accommodation
Individualized programming (home/community based exercise/activity programs, client education and counseling)
Gradual return to work programs
Repetitive strain injury - splinting
Medical - legal consultation

Ages served: Adult

Special Interests: Repetitive strain injuries, ergonomic modifications, workplace intervention.

System of Referral: Fax, telephone or e-mail information.

THERAPY FIRST

Corinna Klassen, O.T. Reg. (MB) and Angie Maidment, O.T. Reg. (MB)

39 Harbours End Cove, Winnipeg R3X 1Z7

Phone: (204) 612-0398 (Angie) and 612-0399 (Corinna)

Fax: (204) 255-8848

E-mail: OT@TherapyFirst.ca

Web: www.TherapyFirst.ca

- Area Served:** Winnipeg and surrounding area.
- Nature of Practice:** -Assessment and intervention within the client's home and community to enable maximal independence and safety within their home, work and community environments.
- Services Provided:**
- Thorough wheelchair seating and mobility assessments and consultation.
 - Home safety and home equipment assessments.
 - Consultation regarding home modification for accessibility.
 - Hospital discharge planning.
 - Spinal cord injury rehabilitation.
 - Stroke rehabilitation.
 - Brain injury rehabilitation.
 - Community reintegration assessments and intervention.
 - Personal Care Assessments, Teach and coordinate workshops on seating and mobility, transfers, home safety, specific disabilities and other topics, as needed.
 - Physiotherapy services available
- Ages served:** All ages.
- Special Interests:** Wheelchair seating and mobility, clients with spinal cord injuries, strokes, brain injuries, neuromuscular disorders and amputations.
- System of Referral:** Phone or fax contact by client, family, case manager, physician, third party, etc.
Referral form available.

WORK-ABLE SOLUTIONS - Occupational Therapy Consulting Services

Elaine Huzel, O.T. Reg. (MB)

P.O. Box 38033, Winnipeg R2E 1H3

Phone: (204) 338-0601

Fax: (204) 334-8898

e-mail: elaine@workablesolutions.ca

web: www.workablesolutions.ca

Area Served: Manitoba.

Nature of Practice: Work-Able Solutions is a private organization that offers occupational therapy services designed to:

- Maximize function and assist individuals to safely return to work and activities of daily living
- Assist individuals and organizations to prevent workplace injuries.

Services Provided: Work-Able Solutions offers a wide range of assessment and rehabilitation services that address a full spectrum of physical, cognitive and psychosocial impairments. Some of our services include ergonomic assessment, job demands analysis, functional capacity evaluation, cognitive assessment, activities of daily living assessment, reasonable accommodation assessment, return to work programs, acquired brain injury rehabilitation, chronic pain rehabilitation, home or community-based rehabilitation programs, education seminars and injury prevention workshops and programs.

Ages served: Adolescents and adults.

System of Referral: Direct or third party referrals are accepted. Contact Elaine Huzel by phone or in writing (fax, mail, or e-mail).