



Conference Agenda

Fort Garry Hotel - 222 Broadway

Thursday March 18, 2010

8:00 am – 8:45 am	Registration
8:45 am – 9:00 am	Welcome & Opening Remarks
9:00 am – 10:00 am	Keynote Address - <i>Senator Sharon Carstairs</i>
10:00 am – 10:15 am	Nutrition break
10:15 am – 11:45 am	A. Stages of Change Tool Box <i>or</i> B. Changing Seats - Transitioning from Driving
11:45am – 12:45pm	Lunch & presentation “Empowerment”
1:00 pm – 2:30pm	A. Grandfather Project <i>or</i> B. Age Friendly Communities and Transportation
2:30 pm – 2:45 pm	Nutrition break
2:45 pm – 4:00 pm	A. The Dream of Peer Helping Project <i>or</i> B. Caregivers Mental Health
4:00 pm – 5:00 pm	Networking Reception

Friday March 19, 2010

8:45 am – 9:00 am	Welcome and Opening Remarks
9:00 am – 10:00 am	Keynote Address - <i>Elliott Paus Jensson</i>
10:00 am - 10:15am	Nutrition break
10:15 am – 11:45 am	A. Economic Impact of Seniors in Vibrant Communities <i>or</i> B. Tearing Down Silos
12:00 am – 1:00 pm	Lunch and presentation “Men Sheds”
1:00 pm – 2:30 pm	A. Bus tutorial <i>or</i> B. Co-Occuring Disorders
2:30 pm – 3:00 pm	Wrap up & Evaluation