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## President's message...

As a new year begins your MSOT executive will be brainstorming goals for the time we are entrusted with the stewardship of the organization. Using the occupational therapy process, we will be looking for issues that require our attention, setting SMART goals with targeted outcomes, and evaluating our progress. This is your opportunity to help us identify issues in which you feel the MSOT should be involved. At this time, some preliminary items include reviewing changes related to Workers Compensation and the role of occupational therapists in supporting employers, developing occupational therapy's profile in the community through various endeavours, and continuing the work of last year's executive in developing MSOT's policies and procedures. Let us know if there are other issues or items of concern.

*Gina De Vos, OT Reg (MB)  
MSOT President*

## Your 2007 MSOT Executive – New Faces & New Directions

Gina De Vos, President

Ann Patton, Vice President

Renee Delorme, Treasurer

Ann Patton, Secretary

Susan Nesbit, Coordinator of Member Services

Vacant, Coordinator of Current Affairs/Professional Advocacy

Erin Dojack & Cameella Harrysingh, Coordinators of Special Events

Kim Baessler, CAOT Board Director

Sharon Eadie, Executive Officer

Char Bourdon (MOT1) & Aimee Paradis (MOT2), Student Representatives

Jacque Ripat, MSOTRF Chair

Talia Prosick, Communications Chair

Melissa Nance & Talia Prosick, *MSOT Update* Editors

Kyla Brignall & Sara-Jane Milne, Awards and Nominations Co-Chairs

Sandy Lopes & Shirley Ramos, Professional Development Co-Chairs

Amy Collins & Jennifer Nychek, Public Relations Co-Chairs

Andrea Bellamy, Website

**Welcome to the members of the 2007 MSOT Executive and a big thank you to those who contributed their time and effort as members of the 2006 MOST Executive.**

# Public Relations Share Their Thanks

On behalf of the PR committee and the entire MSOT executive, we would like to share a great big **THANK YOU** to Marie Dusecina. Marie is an occupational therapist who works in the Mental Health Program at St. Boniface General Hospital. Marie volunteered her time to help promote the occupational therapy profession. She was invited to be a guest speaker for the University of Manitoba's "Health and Health Professions" course, where she and other health-care professionals presented information about their respective professions.

Marie informed us the session went smoothly and that she also educated some of the other health professionals who were surprised to learn of the OT role within the mental health sector. Thanks Marie!



If anyone is interested in volunteering with MSOT in the future or would like to be informed of upcoming volunteer opportunities, please send your contact information to [msot@mts.net](mailto:msot@mts.net) and we will be happy to keep you informed!

*Jennifer Nychek & Amy Collins  
MSOT Public Relations Co-chairs*

## Do you know an outstanding OT?

It is time to begin thinking about who to nominate for the **MSOT Outstanding OT Award**. This award was established to honour an MSOT member who has made an outstanding contribution to the profession. The nominee must meet the criteria described below.

The nominee has made an outstanding contribution to the occupational therapy profession in one or more of the following areas:



- Clinical Practice
- Education
- Research
- Administration
- Public Relations
- Politics
- Professional Development

The nominee's contributions had a significant impact on and have demonstrated marked benefits for the occupational therapy profession, for example:

- Publications
- Development, implementation and evaluation of new services and processes
- Change in the structure of clinical practice, education, or professional association
- Research which has had direct and specific effects on occupational therapy

*Continued on page 3*

## Do you know an outstanding OT? - continued

To nominate an outstanding OT, complete the insert provided or please contact the MSOT office at 957-1214 or [msot@mts.net](mailto:msot@mts.net) for a nomination form.

The deadline for nominations is **April 13, 2007**. Previous nominations will be considered every year, but the award will be offered only when provincial recognition is merited.

The outstanding OT award will be presented at the annual MSOT Awards and New Grads Reception in May 2007 and the recipient will receive a complimentary dinner on behalf of MSOT.

If you have any questions, please contact the Awards and Nominations Committee Co-Chairs, Sara-Jane Milne (787-1519) or Kyla Brignall (237-2131).

### **MSOT Student Mixer Night** **Mark Your Calendars!**

The Awards & Nominations Committee is currently planning the Student Night Mixer in conjunction with the Special Events Committee. This event contributes financial support for the formal Occupational Therapy Awards and New Grads Reception held in May 2007. More importantly, this MSOT mixer creates an opportunity to further connect practicing therapists with current students.

This year's mixer will be held at the **Osborne Village Freehouse on Friday, March 16<sup>th</sup> at 7:00 p.m.** Come out to enjoy great food, drinks, and company!

If you are interested in providing door prizes or obtaining tickets for the event, you can contact:

Kyla Brignall (237-2131 or [kbrignall@sbgh.mb.ca](mailto:kbrignall@sbgh.mb.ca)),  
Erin Dojack ([edojack@hotmail.com](mailto:edojack@hotmail.com)),  
Cameella Harrysingh ([charrysingh@sogh.mb.ca](mailto:charrysingh@sogh.mb.ca)) or  
Sara-Jane Milne (787-1519 or [smilne@hsc.mb.ca](mailto:smilne@hsc.mb.ca)).

Thank you for your continued support. We look forward to seeing you there!



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# 2007 Occupational Therapy & Therapeutic Recreation Rounds Schedule

All presentations will be the third Tuesday of every month from 3 to 4 p.m. in the Lecture Theatre on the second floor of CancerCare Manitoba.

<u>Date</u>	<u>Rounds Topic</u>
January 16	Respectful workplace, Leigh Stephenson, WRHA*
February 20	Informed Consent, Participatory Rounds lead by OT Council*
March 20	Why is the sky blue, Archie Cooper, SMR
April 17	OT Referral process: Changes, Kristal Laminman and Natalie MacLeod Schroeder*
May 15	TBA
June 19	“Hands in My Pocket: Debate on Health Care Funding and What Should and Shouldn’t be Covered”, Clinical Specialists/Service Leaders Group

\*Specific to Health Sciences Centre employees.



#### **Editorial Policy**

*Update* is published 6 times per year and is distributed the first week of February, April, June, August, October, and December. Statements, claims and opinions made in articles and advertisements are those of the author or advertiser and do not necessarily reflect the views of MSOT members or executive. Submissions are subject to editorial changes.

#### **Submissions**

Submissions can be sent in typed hard copy, on a 3.5" disk or by email (in Microsoft format) and be no longer than 500 words (unless arrangements are made with the editors, Talia Prosick and Melissa Nance). Photographs are welcome.

#### **Employment Advertisements for Facilities:**

In Province:

¼ pg - \$40.00/m;    ½ pg - \$60.00/m;    1 pg - \$80.00/m

Out of Province:

¼ pg - \$50.00/m;    ½ pg - \$70.00/m;    1 pg - \$90.00/m

#### **Commercial Advertisements:**

1 pg                    \$100.00/m                    \$570.00/year

½ pg                    \$80.00/m                    \$450.00/year

¼ pg                    \$60.00/m                    \$330.00/year

Business Card    \$30.00/m                    \$150.00/year

MSOT 7-120 Maryland St. Winnipeg, Manitoba R3G 1L1

Tel: (204) 957-1214 Fax: (204) 775-2340 email: [msot@mts.net](mailto:msot@mts.net) Website: [www.msot.mb.ca](http://www.msot.mb.ca)

# *Fieldwork Workshops – Reminder Notice for Spring 2007*

The Occupational Therapy Department of the University of Manitoba is pleased to offer the following workshops for spring:

**“Introductory Workshop – for Occupational Therapy Fieldwork Educators”**  
March 20<sup>th</sup>, 2007 (Morning)

**“Feedback and Evaluation Workshop”**  
March 20<sup>th</sup>, 2007 (Afternoon)

**“A Brush-up on Theories in Occupational Therapy”**  
April 17<sup>th</sup>, 2007 (Afternoon)

The workshops are offered free of charge to OTs participating in or interested in the fieldwork program. Workshops are designed to assist fieldwork educators as they provide quality fieldwork experiences.

To register for workshops, please call Charlene at 789-3757 or contact her by email at [ckdyck@cc.umanitoba.ca](mailto:ckdyck@cc.umanitoba.ca)

For more information contact:

Margaret Anne Campbell-Rempel  
Academic Fieldwork Coordinator  
Phone: 789-3992

OR

Ellen Davis, Pam Becker, or Jodene Neufeld  
Outreach Developers  
Phone: 789-3432 or 789-3897

## **LNJ MEDICAL INC.**

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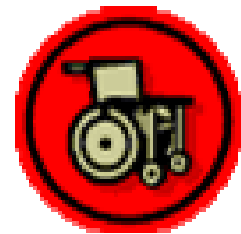
Phone: 204-697-1801

Fax: 204-697-2010

E-Mail: [lnjmedical@shaw.ca](mailto:lnjmedical@shaw.ca)

Toll Free: 1-866-277-1810

**Jim North**  
*Equipment  
Consultant*



Website: [www.lnjmedical.ca](http://www.lnjmedical.ca)

*“Working with People Who Care”*

## Tiffany's Internet Café

Factors such as illness, age-related changes, and medications can affect an elderly person's ability to drive safely. For many seniors the inability to drive can result in loss of independence and feelings of isolation. The following websites contain information and suggestions for seniors who wish to continue driving safely.

[http://www.otworks.ca/otworks\\_page.asp?pageid=784](http://www.otworks.ca/otworks_page.asp?pageid=784)

The *In Support of Seniors Driving* section of the OTworks website provides information about choosing a senior-friendly car, safe driving tips from seniors, warning signs of unsafe driving, and driver evaluation and rehabilitation.

<http://www.safety-council.org/info/seniors/safedriv.html>

The Canada Safety Council is a national, not-for-profit, non-government organization, whose mission is "to lead in the national effort to reduce preventable deaths, injuries and economic loss in public and private places throughout Canada". This website contains a variety of resources and tips for the aging driver, as well as information specific to driving and dementia.

<http://www.seniordrivers.org/home>

The AAA Foundation for Traffic Safety is an American, not-for-profit, publicly supported, and charitable educational and research organization. This website provides information for seniors about basic driving skills, health and fitness related to driving, and self-tests about safe driving and driving drowsy.

Please send feedback or suggestions for future topics to  
Tiffany Flye  
[msot.internetcafe@mts.net](mailto:msot.internetcafe@mts.net)



**Heart Health CPR & First Aid Training**



*As of January 1, 2007, CPR has changed*

- ♥ Corporate / Workplace Emergency Response
- ♥ All levels of CPR / First Aid
- ♥ Instructor will come to your office to train your entire staff
- ♥ Automated External Defibrillation (AED) Training
- ♥ Contact continuing education hours for details
- ♥ Group rates

**BE PREPARED!**



**Karlene Gfuentes, RN, BN**  
Certified Instructor  
**(204) 253-1358**  
hearthealth@inbox.com

certified by the...  
Canadian Red Cross and The Heart & Stroke Foundation

**IT'S CLASSIFIED . . .****CONFERENCES**

**"Human Factors in Design"** – March 1 & 2, 2007. Victoria Inn and Convention Centre, 1808 Wellington Avenue, Winnipeg, MB. A Workshop for professionals involved in assessing and building home and communities for persons with mobility impairments. For further questions, please contact: email: [OT@TherapyFirst.ca](mailto:OT@TherapyFirst.ca) or call Angie at 612-0398 or Corinna at 612-0399.

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**"Competency and Capacity Assessment: For Shelter and Beyond"**. – March 2, 2007. Misericordia Health Centre, 99 Cornish Avenue, Winnipeg, MB. This workshop offers a more complete understanding of the issues related to capacity, a review of the Capacity for Shelter Assessment (CASA) instrument and an opportunity for case review and practical application of the principles learned.

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**"Partners in Care.....Living in the Moment"**. - March 5 & 6, 2007. Canad Inn Polo Park, 1405 St. Matthews Avenue, Winnipeg, MB. Conference programs can be requested by contacting the Alzheimer Society of Manitoba at (204) 943-6622 or 1-800-378-6699 or by email: [alzmb@aizheimer.mb.ca](mailto:alzmb@aizheimer.mb.ca). Registration materials will be posted at [www.alzheimer.mb.ca](http://www.alzheimer.mb.ca).

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**"Inaugural Canadian Conference on Men's Health (CCMH)"** - March 21-24, 2007. Victoria, BC. The Well Foundation Society and the Prostate Centre are jointly hosting this conference with support from the BC Ministry of Health. The Institute of Gender and Health (CIHI), the Centre for Community Health Promotion, the BC Men's Health Institute, the BC Injury Research and Prevention Unit, and the Centre for Addictions Research of BC are providing additional support. For additional information on the conference, or to inquire about sponsorship or exhibit opportunities, please visit: [www.menshealthcanada.ca](http://www.menshealthcanada.ca) or contact Marischal at: (250) 472-7644.

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**"The Greying Nation: Transitions of Care in Later Life"** - March 21-23, 2007. Shaw Conference Centre, Edmonton, AB. The conference will address how the healthcare sector can adapt care to the changing needs of the population in the later stages of the life cycle. For more information, please contact (780)735-7912 or 1-877-877-8714 or [GRHEdServices@cha.ab.ca](mailto:GRHEdServices@cha.ab.ca).

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**CONFERENCES - continued**

**"Immobilization and Mobilization Splinting"** – March 24 & 25, 2007, Corbett Hall, Room 3-07, University of Alberta, Edmonton. Speaker is Noelle Austin, MS, PT, CHT – Presented by Dianna Mah-Jones OT Consultant. For more information, email [dmjot@shaw.ca](mailto:dmjot@shaw.ca) or phone/fax (604) 263-8730.

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**"How to Overcome Depression & Boost Self-Esteem"** – April 2 & 3, 2007. Victoria Inn Hotel & Conference Centre, 1808 Wellington Avenue, Winnipeg, MB. David D. Burns, MD is an Adjunct Clinical Professor of Psychiatry and Behavioral Sciences at Sanford University School of Medicine. All mental health professionals are invited to attend! For further information, visit: [www.jackhirose.com](http://www.jackhirose.com).

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**"Overcoming Interviewing Obstacles Workshop"** - April 16 & 17, 2007. Winnipeg, MB. Dr. Shawn Shea is an outstanding leader who is an innovator in the field of the initial interview. You can view or download the brochure at: [http://www.execulinks.net/link\\_obstacles.html](http://www.execulinks.net/link_obstacles.html).

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**"Participation: Where It's AT – Assistive Technology for Children & Youth Conference"** - April 19-20, 2007. Saskatoon, Saskatchewan. Day 1 Speaker: Susie Blackstien-Adler, M.Ed., B.Sc., O.T. (Bloorview Kids Rehab, Toronto). Topic: Supporting Participation of Students with High Needs in the Activities of the Classroom. Day 2 Speaker: Stacey Harpell, B.S., M.S., CCC-SLP (Saskatoon Health Region). Topic: Social Communication. Contact Events of Distinction, telephone: (306)-651-3118; fax: (306) 651-3119; email: [eofd@sasktel.net](mailto:eofd@sasktel.net).

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**"AT Implementation and Evaluation of Effectiveness"** – April 30, 2007. Clarion Hotel, 1445 Portage Avenue, Winnipeg, MB. Open Access Resources Centre presents Dr. Joy Zabala, Ed.D., ATP. Call 949-2430 or visit their website: [oarc@oarc.ca](mailto:oarc@oarc.ca).

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**"7th National Workshop for Driver Rehabilitation Specialists"** – May 4 & 5, 2007. Hampton Inn Ottawa & Conference Centre, Ottawa, ON. Presented by the Ottawa Hospital & The Rehabilitation Centre, Ottawa, ON. Contact: H. Zipes, Clinical Director, Rehabilitation Services Program. [hzipes@ottawahospital.on.ca](mailto:hzipes@ottawahospital.on.ca), or call (604) 737-7350 #75415. or [www.ottawahospital.on.ca](http://www.ottawahospital.on.ca).

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# IT'S CLASSIFIED . . . continued

## CONFERENCES – continued

**“1<sup>st</sup> National Transcultural Health Conference”** - May 10 & 11, 2007. Montreal, Quebec. The conference theme will be **“Advancing Knowledge, Strategy, and Connectedness in Healthcare Across Cultures”**. A skilled multi-disciplinary group of healthcare professionals, administrators, educators, and community representatives from across Canada will host the conference. Registration deadline: March 15, 2007. Visit: [www.NTHC2007.ca](http://www.NTHC2007.ca) for more info.

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**“Edmonton II: The Second Annual Conference on Enhancing Safety in Home, Community and Long Term Care”** – May 29-30, 2007. Westin Edmonton, Edmonton, AB. For up to date details and registration, visit: <http://www.capitalhealth.ca/safety2007> .

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**2007 Joint Ethics Conference** – 18<sup>th</sup> Canadian Bioethics Society Conference - May 30 - June 1, 2007 and the 3<sup>rd</sup> International Conference on Clinical Ethics and Consultation will be held June 1-3, 2007 in Toronto, ON. Contact Sue MacRae if you have any questions or would like to share ideas at (416) 978-1395 or email: [sue.macrae@utoronto.ca](mailto:sue.macrae@utoronto.ca).

Visit the joint conference website at:

<http://www.utoronto.ca/jcb/ethicsmatters>

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**“2007 RehabNet Conference, Achieving Patient Safety, Respecting Patients’ Choices”** - June 14&15, 2007. Toronto, ON. This is a two-day event, recognizing the unique challenge around patient safety and the ethical dimensions of balancing safety and necessary risk taking in rehabilitation. Submit online:

[www.torontorehab.com/education/rehabnet](http://www.torontorehab.com/education/rehabnet)

or call 416-597-3422, ext. 3693.

## TO LEARN MORE...

The Canadian Stroke Network (CSN) and the Heart and Stroke Foundation of Canada (HSFC) released the **Canadian Best Practice Recommendations for Stroke Care: 2006** in December, including new expert recommendations for improving stroke care in Canada. Visit: [www.canadianstrokestrategy.ca](http://www.canadianstrokestrategy.ca).

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The Aging in Place policy and the **Long Term Care Strategy** were initiated by the Manitoba Government in January 2006. As the population ages and the demand for Personal Care Homes (PCH) increases, the Long Term Care Strategy is beginning to implement changes to service and housing/PCH environments within a comprehensive five-year plan. Visit: [www.wrha.mb.ca/ltc/strategy.php](http://www.wrha.mb.ca/ltc/strategy.php).

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The **Specialized Services for Children and Youth** website is now online. SSCY is an initiative focused on the integration and coordination of services for Manitoba children and youth with disabilities and special needs. OT is involved in this alliance with government departments and the WRHA. To learn more visit [www.sscy.ca](http://www.sscy.ca).

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**The Canadian Occupational Therapy Foundation Research Grant (4 x \$5000 for 2007)** is awarded annually to individual, life or student members of CAOT sponsored by an employer or educational institution to pursue research directly applicable to the practice of client-centered occupational therapy. Visit [www.caotcanada.org](http://www.caotcanada.org) for more information.

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**Reh-fit Centre Foundation 9<sup>th</sup> Annual Healthy Living Awards** takes place April 18, 2007 at the Fairmont Winnipeg. To nominate someone, visit: [www.reh-fit.com](http://www.reh-fit.com).

## Manitoba Society of Occupational Therapists

Issue	Deadline	Update Editorial Policy
April	Mar. 10	Update is published 6 times per year. Statements, claims and opinions made in articles and advertisements are those of the author or advertiser and do not necessarily reflect the views of MSOT members or executive. Submissions are subject to editorial changes.
June	May 10	

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**Newsletter submissions**  
 can be mailed to: Talia Prostick or  
 Melissa Nance  
 c/o MSOT office or  
 Fax: 775-2340 or  
 Email: [msot.newsletter@gmail.com](mailto:msot.newsletter@gmail.com)

