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RETURN TO WORK

PRIVATE PRACTICE

DIRECTORY

2010 - 2011

APEX THERAPY SERVICES

Russel Dyck, O.T. Reg. (MB)
PO Box 61026, RPO Grant Park
Winnipeg MB R3M 3X8
Phone: (204) 415-3973
Fax: (204) 221-8847
e-mail: russel@apextherapyservices.ca

Area Served: Winnipeg & Rural Manitoba

Nature of Practice: Occupational therapy consultation.

Services Provided:

- Worksite assessments (job demands analysis, percentage of duties)
- Ergonomic assessments
- Return-to-work programming
- Personal care
- Accessible design projects
- Housing assessments
- Cognitive assessments
- Mental health (assessment and therapy)
- Permanent impairment assessments
- Seating
- Discharge planning
- School assessments
- Dependent assessments
- Neuro & musculoskeletal (assessment and therapy)

Ages served: All

Special Interests: Housing and corporate barrier-free design (as part of a team consisting of an occupational therapist, interior designer, architect, and construction company)

System of Referral: Referral forms are available and can be faxed, called in, or emailed (must contact Apex Therapy Services to obtain the form)

APPROACHING FUNCTION – OCCUPATIONAL THERAPY ASSESSMENT AND CONSULTATION

Carrie Houston, O.T. Reg. (MB)
P.O. Box 61053, RPO Grant Park, Winnipeg R3M 3X8
Phone: (204) 889-5252
Cell: (204) 990-3609
Fax: (204) 487-0282
E-mail: chouston@mts.net

Area Served: Manitoba

Nature of Practice: Assessment and Consultation

Services Provided: Ergonomics, workplace risk assessment, discharge planning, functional and mobility assessments, medical/legal assessment, home assessment/environmental adaptation, health education and promotion, functional capacity evaluations, return to work planning/monitoring, job and physical demands analysis.

Ages served: Adults and older adults

Special Interests: Return to work planning/monitoring, ergonomics

System of Referral: Self referral, Physician or health care professional referral, referral by telephone, fax, or email.

B.A. KOWALSKI GROUP

Barbara Kowalski, O.T. Reg. (MB)
RPO Courts, P.O. Box 54004, Winnipeg R3J 3Z3
Phone: (204) 885-1297
Fax: (204) 885-1297
e-mail: bakowalski@aol.com

- Area Served:** Province of Manitoba
- Nature of Practice:** Direct service, assessment and consultation.
- Services Provided:**
- 1) Case management and return to work co-ordination.
 - 2) Rehabilitation and vocational assessment.
 - 3) Job demands and ergonomic analysis.
 - 4) Functional assessment to determine service levels and need for assistive devices.
- Ages served:** Adults
- Special Interests:** Disability management, vocational rehabilitation.
- System of Referral:** Self-referral followed by a letter of request for services or by contract.

BLOCK BUILDING THERAPIES

Sole Proprietor

Nicole Beauchesne, O.T. Reg. (MB)

PO Box 53060, RPO South St. Vital

Winnipeg MB R2N 3X2

Phone: (204) 231-0785

Fax: (204) 231-4442

e-mail: info@blockbuilding.ca

website: www.blockbuilding.ca

Area Served: Province of Manitoba including satellite office in Dauphin.

Nature of Practice: Assessment, direct intervention and consultation for children and adults.

Services Provided:

- 1. Adults and Children** - Specialization in discharge planning, environmental assessments, equipment prescriptions and cognitive assessment and treatment for clients with a brain injury, spinal cord injury or orthopedic injury. Also facilitating return to school or work processes.

- 2. Children** - Community-based occupational therapy services within the child's functional environment (home, school, day care). Services are directed toward increasing a child's independence with activities of daily living which are affected by physical, cognitive or social difficulties. This includes but is not excluded to self care (dressing, toileting), play (concepts, socialization) and work (reading, writing, cutting). Educational inservices can be provided to individuals or groups regarding various topics.

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Block Building Therapies (continued)

3. Adults - Completion of personal care assessments, physical demands analysis, work site assessments and percentage of duties assessments for clients with soft tissue and/or back injury. Ergonomic assessments for the workplace and gradual return to work programs for the injured worker.

Ages served: All ages.

Special Interests: **1. Adults and Children** - Traumatic Brain Injuries, Spinal Cord Injuries, Orthopedic Injuries.

2. Children: Attention Deficit Disorder, Learning Disorders, PDD (Asperger's/Autism), Neuromuscular Disorders and Developmental Disorders.

3. Adults – Personal Care Assessments, Worksite Assessments, Physical Demands Analysis, Percentage of Duties Assessment, Childcare Assessments, Return to Work Programs.

System of Referral: Self-referral, physician referral or referral directly from schools, family member or third party payer.

ENABLING ACCESS

Marnie Courage, OT Reg. (MB)
POBox 272 Corydon Ave.
Winnipeg, MB R3M 3S7
Phone: (204) 475-0433
Fax: (204) 475-4011
Email: marnie@enablingaccess.ca
Website: www.enablingaccess.ca

Area Served: Province of Manitoba

Services Provided: **Assessment and consultation available for:**

- Hospital Discharge Planning
- Personal Care Assistance
- Home Access and Safety
- Home Modification (Barrier Free Design)
- Functional Abilities
- Wheelchair, Seating and Mobility Devices
- Permanent Scarring
- Assistive Technology and Computer Access
- Sensory Dysfunction, Integration and Sensory Environments
- Percentage of Duties
- Workplace Ergonomics
- Job Demands Analysis
- Functional Capacity Evaluations
- Return to Work Planning
- Job Accommodation
- Post-offer Pre-placement Testing
- Medical/Legal (Future Cost of Care Assessments)

Corporate Training and Education:

- Ergonomics, Injury Prevention, Disability Awareness and Emergency Response
- Safe Patient Lifting and Handling Certification
- Ergonomics of Manual Material Handling Certification
- Non-Violent Crisis Intervention Certification

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Enabling Access (continued)

Adapted Fitness:

- Adapted Yoga
- Customized Adapted Fitness Programming

Guest Speaker:

Marnie Courage is a public Speaker and Sessional Instructor at the University of Manitoba Occupational Therapy Department, available for Conferences and Workshops to speak on topics related to Occupational Therapy, Injury Prevention, Ergonomics and Barrier Free Design.

Ages served: 16 through lifespan

Special Interests:

- Spinal Cord Injuries, Traumatic Brain Injuries and Developmental Disabilities
- Injury Prevention and Ergonomics
- Residential and Commercial Barrier Free Design

KEY STEPS REHABILITATION AND CONSULTING SERVICES

Stephanie Jordan, O.T. Reg. (MB)

Box 21005, 3360 Victoria Ave, Brandon, MB R7B 2L0

Phone: (204) 573-6262

Fax: (204) 867-2391

Email: sjordan@keysteps.ca

Website: www.keysteps.ca

Area Served: Province of Manitoba

Nature of Practice: Key Steps is a privately owned rehabilitation company that provides consultation and disability management services to a variety of organizations and individuals. The main goals of the occupational therapy services provided are: safe return to work, increased work productivity, safe discharge from hospital, increased independence and/or safety within the home, and increased mobility.

Services Provided: Functional home assessments, wheelchair assessments, power mobility assessments, hospital discharge co-ordination, worksite/ergonomic assessments, physical demands analyses, return to work programs, permanent impairment assessments (i.e. scarring, range of motion), cognitive screening, and educational workshops.

Ages Served: All.

System of Referral: Direct or third part referrals accepted via fax, phone, or mail. Referral form available upon request or can be downloaded from website.

KINEX OCCUPATIONAL THERAPY

Kym Farmer OT Reg MB, BA, MOT
Shannon Farmer OT Reg MB, BA, MOT
T 204 990 3960 / 204 999 4171
F 204 272 5650
info@kinextherapy.com
www.kinextherapy.com

Area Served: Manitoba

Nature of Practice: Occupational therapy assessments, interventions, and consultations to individuals or groups

Services Provided: All Ages: Cognitive assessments, discharge planning, educational in-services, home safety assessments, medical-legal services, mental health assessments, mobility and equipment prescriptions, motor skills assessments (e.g. fine motor, gross motor), long-term care services, return to work programs, school programs, universal design, among others. Services can be customized to meet your needs.

Adults: Ergonomic assessments, functional assessments, functional capacity evaluations, job/physical demands analysis, permanent impairment assessments, personal care assessments, among others.

Children: Occupational therapy services designed to help children achieve developmental milestones, increase independence, improve performance, and enhance self-esteem.

Ages Served: All ages

Special Interests: Pediatrics, Adults, Geriatrics, Ergonomics

System of Referrals: Self referral, family members, health care professionals, third party payers, etc. Referrals accepted via phone, or e-mail. Referral forms available online.

MAXIMIZE HUMAN CAPABILITIES - MHC

Sole Proprietor

Lorraine Mischuk, O.T. Reg. (MB)
P.O. Box 28081 RPO North Kildonan
Winnipeg, MB R2G 4E9
Phone: (204) 453-8705
Fax: (204) 453-8706
e-mail: info@maxot.ca
website : www.maxot.ca

- Area Served:** Province of Manitoba.
- Nature of Practice:** Ergonomics and occupational therapy.
- Services Provided:** Worksite assessment and accommodation
Ergonomic assessments
Functional capacity evaluation
Cognitive assessment
Job demands analysis
Post Offer Pre Placement testing
Injury prevention (individual employee early intervention or group employee education sessions designed for that particular employer)
Home assessments and accommodation
Individualized programming (home/community based exercise/activity programs, client education and counseling)
Gradual return to work programs
Repetitive strain injury - splinting
Medical - legal consultation
- Ages served:** Adult
- Special Interests:** Repetitive strain injuries, ergonomic modifications, workplace intervention.
- System of Referral:** Fax, telephone or e-mail information.

WORK-ABLE SOLUTIONS - Occupational Therapy Consulting Services

Elaine Huzel, O.T. Reg. (MB)
P.O. Box 38033, Winnipeg R2E 1H3
Phone: (204) 338-0601
Fax: (204) 334-8898
e-mail: elaine@workablesolutions.ca
web: www.workablesolutions.ca

Area Served: Manitoba.

Nature of Practice: *Work-Able Solutions* is a private organization that has provided community and clinic-based occupational therapy services in Manitoba since 1998. Rehabilitation services are aimed at assisting individuals who have sustained an injury, illness, or disability, to achieve their maximum level of function, and to return to work and activities of daily living. Workplace intervention services are designed to prevent risk of injury, improve productivity, and facilitate accommodation of workers with disabilities.

Services Provided: Work-Able Solutions offers a wide range of assessment and rehabilitation services that address a full spectrum of physical, cognitive and psychosocial impairments. Some of our services include ergonomic assessment, job demands analysis, functional capacity evaluation, cognitive assessment, activities of daily living assessment, reasonable accommodation assessment, return to work programs, acquired brain injury rehabilitation, chronic pain rehabilitation, home or community-based rehabilitation programs, education seminars and injury prevention workshops and programs.

Ages served: Adolescents and adults.

System of Referral: Direct or third party referrals are accepted. Contact Elaine Huzel by phone or in writing (fax, mail, or e-mail).