President’s message…
As a new year begins your MSOT executive will be brainstorming goals for the time we are entrusted with the stewardship of the organization. Using the occupational therapy process, we will be looking for issues that require our attention, setting SMART goals with targeted outcomes, and evaluating our progress. This is your opportunity to help us identify issues in which you feel the MSOT should be involved. At this time, some preliminary items include reviewing changes related to Workers Compensation and the role of occupational therapists in supporting employers, developing occupational therapy’s profile in the community through various endeavours, and continuing the work of last year’s executive in developing MSOT’s policies and procedures. Let us know if there are other issues or items of concern.

Gina De Vos, OT Reg (MB)
MSOT President

Your 2007 MSOT Executive – New Faces & New Directions
Gina De Vos, President
Ann Patton, Vice President
Renee Delorme, Treasurer
Ann Patton, Secretary
Susan Nesbit, Coordinator of Member Services
Vacant, Coordinator of Current Affairs/Professional Advocacy
Erin Dojack & Cameella Harrysingh, Coordinators of Special Events
Kim Baessler, CAOT Board Director
Sharon Eadie, Executive Officer
Char Bourdon (MOT1) & Aimee Paradis (MOT2), Student Representatives
Jacquie Ripat, MSOTRF Chair
Talia Prosock, Communications Chair
Melissa Nance & Talia Prosock, MSOT Update Editors
Kyla Brignall & Sara-Jane Milne, Awards and Nominations Co-Chairs
Sandy Lopes & Shirley Ramos, Professional Development Co-Chairs
Amy Collins & Jennifer Nyckech, Public Relations Co-Chairs
Andrea Bellamy, Website

Welcome to the members of the 2007 MSOT Executive and a big thank you to those who contributed their time and effort as members of the 2006 MOST Executive.
Public Relations Share Their Thanks

On behalf of the PR committee and the entire MSOT executive, we would like to share a great big THANK YOU to Marie Dusecina. Marie is an occupational therapist who works in the Mental Health Program at St. Boniface General Hospital. Marie volunteered her time to help promote the occupational therapy profession. She was invited to be a guest speaker for the University of Manitoba’s "Health and Health Professions" course, where she and other health-care professionals presented information about their respective professions.

Marie informed us the session went smoothly and that she also educated some of the other health professionals who were surprised to learn of the OT role within the mental health sector. Thanks Marie!

If anyone is interested in volunteering with MSOT in the future or would like to be informed of upcoming volunteer opportunities, please send your contact information to msot@mts.net and we will be happy to keep you informed!

Jennifer Nychek & Amy Collins
MSOT Public Relations Co-chairs

Do you know an outstanding OT?

It is time to begin thinking about who to nominate for the MSOT Outstanding OT Award. This award was established to honour an MSOT member who has made an outstanding contribution to the profession. The nominee must meet the criteria described below.

The nominee has made an outstanding contribution to the occupational therapy profession in one or more of the following areas:

- Clinical Practice
- Education
- Research
- Administration
- Public Relations
- Politics
- Professional Development

The nominee’s contributions had a significant impact on and have demonstrated marked benefits for the occupational therapy profession, for example:

- Publications
- Development, implementation and evaluation of new services and processes
- Change in the structure of clinical practice, education, or professional association
- Research which has had direct and specific effects on occupational therapy

Continued on page 3
Do you know an outstanding OT? - continued

To nominate an outstanding OT, complete the insert provided or please contact the MSOT office at 957-1214 or msot@mts.net for a nomination form.

The deadline for nominations is April 13, 2007. Previous nominations will be considered every year, but the award will be offered only when provincial recognition is merited.

The outstanding OT award will be presented at the annual MSOT Awards and New Grads Reception in May 2007 and the recipient will receive a complimentary dinner on behalf of MSOT.

If you have any questions, please contact the Awards and Nominations Committee Co-Chairs, Sara-Jane Milne (787-1519) or Kyla Brignall (237-2131).

MSOT Student Mixer Night
Mark Your Calendars!

The Awards & Nominations Committee is currently planning the Student Night Mixer in conjunction with the Special Events Committee. This event contributes financial support for the formal Occupational Therapy Awards and New Grads Reception held in May 2007. More importantly, this MSOT mixer creates an opportunity to further connect practicing therapists with current students.

This year’s mixer will be held at the Osborne Village Freehouse on Friday, March 16th at 7:00 p.m.). Come out to enjoy great food, drinks, and company!

If you are interested in providing door prizes or obtaining tickets for the event, you can contact:

Kyla Brignall (237-2131 or kbrignall@sbgh.mb.ca), Erin Dojack (edojack@hotmail.com), Cameella Harrysingh (charrysingh@sogh.mb.ca) or Sara-Jane Milne (787-1519 or smilne@hsc.mb.ca).

Thank you for your continued support. We look forward to seeing you there!

Sales of wheelchairs, walkers, grab bars, accessibility products, and more. We are a home-based business that comes to your residence. We bring samples of products so you can decide what you need in the comfort of your own home.

FREE CONSULTATIONS  INSTALLATIONS  CONVENIENT  LOW COST  FRIENDLY

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chris@mobility-matters.ca  www.mobility-matters.ca
2007 Occupational Therapy & Therapeutic Recreation Rounds Schedule

All presentations will be the third Tuesday of every month from 3 to 4 p.m. in the Lecture Theatre on the second floor of CancerCare Manitoba.

<table>
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<tr>
<th>Date</th>
<th>Rounds Topic</th>
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<tbody>
<tr>
<td>January 16</td>
<td>Respectful workplace, Leigh Stephenson, WRHA*</td>
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<tr>
<td>February 20</td>
<td>Informed Consent, Participatory Rounds lead by OT Council*</td>
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<tr>
<td>March 20</td>
<td>Why is the sky blue, Archie Cooper, SMR</td>
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<tr>
<td>April 17</td>
<td>OT Referral process: Changes, Kristal Laminman and Natalie MacLeod Schroeder*</td>
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<tr>
<td>May 15</td>
<td>TBA</td>
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<tr>
<td>June 19</td>
<td>“Hands in My Pocket: Debate on Health Care Funding and What Should and Shouldn’t be Covered”, Clinical Specialists/Service Leaders Group</td>
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*Specific to Health Sciences Centre employees.
Fieldwork Workshops – Reminder Notice for Spring 2007

The Occupational Therapy Department of the University of Manitoba is pleased to offer the following workshops for spring:

“Introductory Workshop – for Occupational Therapy Fieldwork Educators”
March 20th, 2007 (Morning)

“Feedback and Evaluation Workshop”
March 20th, 2007 (Afternoon)

“A Brush-up on Theories in Occupational Therapy”
April 17th, 2007 (Afternoon)

The workshops are offered free of charge to OTs participating in or interested in the fieldwork program. Workshops are designed to assist fieldwork educators as they provide quality fieldwork experiences.

To register for workshops, please call Charlene at 789-3757 or contact her by email at ckdyck@cc.umanitoba.ca

For more information contact:
Margaret Anne Campbell-Rempel
Academic Fieldwork Coordinator
Phone: 789-3992

OR

Ellen Davis, Pam Becker, or Jodene Neufeld
Outreach Developers
Phone: 789-3432 or 789-3897

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LNJ Medical Inc.
Broda Seating
Penner Bathing Systems
Liko Patient Lift Systems
Fall Protection Products, PVC Furniture
3161 Vialoux Dr., Winnipeg, MB R3R 0A1
Phone: 204-697-1801
Fax: 204-697-2010
E-Mail: injmedical@shaw.ca
Toll Free: 1-866-277-1810

Jim North
Equipment Consultant
Website: www.lnjmedical.ca

“Working with People Who Care”
Factors such as illness, age-related changes, and medications can affect an elderly person’s ability to drive safely. For many seniors the inability to drive can result in loss of independence and feelings of isolation. The following websites contain information and suggestions for seniors who wish to continue driving safely.

http://www.otworks.ca/otworks_page.asp?pageid=784
The In Support of Seniors Driving section of the OTworks website provides information about choosing a senior-friendly car, safe driving tips from seniors, warning signs of unsafe driving, and driver evaluation and rehabilitation.

http://www.safety-council.org/info/seniors/safedriv.html
The Canada Safety Council is a national, not-for-profit, non-government organization, whose mission is “to lead in the national effort to reduce preventable deaths, injuries and economic loss in public and private places throughout Canada”. This website contains a variety of resources and tips for the aging driver, as well as information specific to driving and dementia.

http://www.seniordrivers.org/home
The AAA Foundation for Traffic Safety is an American, not-for-profit, publicly supported, and charitable educational and research organization. This website provides information for seniors about basic driving skills, health and fitness related to driving, and self-tests about safe driving and driving drowsy.

Please send feedback or suggestions for future topics to
Tiffany Flye
msot.internetcafe@mts.net

Heart Health CPR & First Aid Training

As of January 1, 2007, CPR has changed

- Corporate / Workplace Emergency Response
- All levels of CPR / First Aid
- Instructor will come to your office to train your entire staff
- Automated External Defibrillation (AED) Training
- Contact continuing education hours for details
- Group rates

BE PREPARED!

Karlene Cifuentes, RN, BN
Certified Instructor
(204) 253-1358
hearthealth@inbox.com

certified by the...

Canadian Red Cross and The Heart & Stroke Foundation
**IT’S CLASSIFIED . . .**

**CONFERENCES**

Victoria Inn and Convention Centre, 1808 Wellington Avenue, Winnipeg, MB. A Workshop for professionals involved in assessing and building home and communities for persons with mobility impairments. For further questions, please contact: email: OT@TherapyFirst.ca or call Angie at 612-0398 or Corinna at 612-0399.

“*Competency and Capacity Assessment: For Shelter and Beyond*”. – March 2, 2007. Misericordia Health Centre, 99 Cornish Avenue, Winnipeg, MB. This workshop offers a more complete understanding of the issues related to capacity, a review of the Capacity for Shelter Assessment (CASA) instrument and an opportunity for case review and practical application of the principles learned.

“*Partners in Care…..Living in the Moment*”. - March 5 & 6, 2007. Canad Inn Polo Park, 1405 St. Matthews Avenue, Winnipeg, MB. Conference programs can be requested by contacting the Alzheimer Society of Manitoba at (204) 943-6622 or 1-800-378-6699 or by email: alzmb@alzheimer.mb.ca. Registration materials will be posted at www.alzheimer.mb.ca.

“*Inaugural Canadian Conference on Men’s Health (CCMH)*” - March 21-24, 2007. Victoria, BC. The Well Foundation Society and the Prostate Centre are jointly hosting this conference with support from the BC Ministry of Health. The Institute of Gender and Health (CIHI), the Centre for Community Health Promotion, the BC Men’s Health Institute, the BC Injury Research and Prevention Unit, and the Centre for Addictions Research of BC are providing additional support. For additional information on the conference, or to inquire about sponsorship or exhibit opportunities, please visit: www.menshealthcanada.ca or contact Marischal at: (250) 472-7644.

“*The Greying Nation: Transitions of Care in Later Life*” - March 21-23, 2007. Shaw Conference Centre, Edmonton, AB. The conference will address how the healthcare sector can adapt care to the changing needs of the population in the later stages of the life cycle. For more information, please contact (780)735-7912 or 1-877-877-8714 or GRHEdServices@cha.ab.ca.

**CONFERENCES - continued**

“*Immobilization and Mobilization Splinting*” – March 24 & 25, 2007, Corbett Hall, Room 3-07, University of Alberta, Edmonton. Speaker is Noelle Austin, MS, PT, CHT – Presented by Dianna Mah-Jones OT Consultant. For more information, email dmjot@shaw.ca or phone/fax (604) 263-8730.

“How to Overcome Depression & Boost Self-Esteem” – April 2 & 3, 2007. Victoria Inn Hotel & Conference Centre, 1808 Wellington Avenue, Winnipeg, MB. David D. Burns, MD is an Adjunct Clinical Professor of Psychiatry and Behavioral Sciences at Sanford University School of Medicine. All mental health professionals are invited to attend! For further information, visit: www.jackhirose.com.

“*Overcoming Interviewing Obstacles Workshop*” - April 16 & 17, 2007. Winnipeg, MB. Dr. Shawn Shea is an outstanding leader who is an innovator in the field of the initial interview. You can view or download the brochure at: http://www.execulinks.net/link_obstacles.html.


“*AT Implementation and Evaluation of Effectiveness*” – April 30, 2007. Clarion Hotel, 1445 Portage Avenue, Winnipeg, MB. Open Access Resources Centre presents Dr. Joy Zabala, Ed.D., ATP. Call 949-2430 or visit their website: oarc@oarc.ca.

“7th National Workshop for Driver Rehabilitation Specialists” – May 4 & 5, 2007. Hampton Inn Ottawa & Conference Centre, Ottawa, ON. Presented by the Ottawa Hospital & The Rehabilitation Centre, Ottawa, ON. Contact: H. Zipes, Clinical Director, Rehabilitation Services Program. hzipes@ottawahospital.on.ca, or call (604) 737-7350 #75415. or www.ottawahospital.on.ca.
CONFERENCES – continued


2007 Joint Ethics Conference – 18th Canadian Bioethics Society Conference - May 30 - June 1, 2007 and the 3rd International Conference on Clinical Ethics and Consultation will be held June 1-3, 2007 in Toronto, ON. Contact Sue MacRae if you have any questions or would like to share ideas at (416) 978-1395 or email: sue.macrae@utoronto.ca. Visit the joint conference website at: http://www.utoronto.ca/jcb/ethicsmatters.


TO LEARN MORE...

The Canadian Stroke Network (CSN) and the Heart and Stroke Foundation of Canada (HSFC) released the Canadian Best Practice Recommendations for Stroke Care: 2006 in December, including new expert recommendations for improving stroke care in Canada. Visit: www.canadiansstrokestrategy.ca.

The Aging in Place policy and the Long Term Care Strategy were initiated by the Manitoba Government in January 2006. As the population ages and the demand for Personal Care Homes (PCH) increases, the Long Term Care Strategy is beginning to implement changes to service and housing/PCH environments within a comprehensive five-year plan. Visit: www.wrha.mb.ca/ltc/strategy.php.

The Specialized Services for Children and Youth website is now online. SSCY is an initiative focused on the integration and coordination of services for Manitoba children and youth with disabilities and special needs. OT is involved in this alliance with government departments and the WRHA. To learn more visit www.sscy.ca.

The Canadian Occupational Therapy Foundation Research Grant (4 x $5000 for 2007) is awarded annually to individual, life or student members of CAOT sponsored by an employer or educational institution to pursue research directly applicable to the practice of client-centered occupational therapy. Visit www.caotcanada.org for more information.

Reh-fit Centre Foundation 9th Annual Healthy Living Awards takes place April 18, 2007 at the Fairmont Winnipeg. To nominate someone, visit: www.reh-fit.com.

Manitoba Society of Occupational Therapists

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<tr>
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Update Editorial Policy

Update is published 6 times per year. Statements, claims and opinions made in articles and advertisements are those of the author or advertiser and do not necessarily reflect the views of MSOT members or executive. Submissions are subject to editorial changes.

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C/o MSOT Office or
Fax: 775-2340 or
Email: msot.newsletter@gmail.com