It is an honour to be stepping into the role of President Elect of the Manitoba Society of Occupational Therapists (MSOT). I would like to extend my thanks and best wishes to my predecessor, Andrea McIntyre, and our Executive Officer, Sharon Eadie, for their leadership, guidance and support. I would also like to thank the current MSOT Board of Directors for their enthusiasm, initiative and hard work.

Over the past two years as Member Services Coordinator I had the opportunity to work with a phenomenal group of occupational therapists, striving to strengthen and promote the profession and increase the health and well being of Manitobans through awareness, advocacy and professional development. I am excited for the challenges that lie ahead in my new role and look forward to continuing my journey with MSOT.

This June I had the opportunity to attend the Professional Alliance of Canada meetings at the CAOT conference in Saskatoon. It was a profound experience to meet and network with occupational therapy leaders from across the country and share accomplishments and challenges that we have faced over the year. By the end of our first meeting it was clear that recruiting and maintaining membership and volunteers is a key issue faced by associations across the country.

As autumn approaches we have many volunteer positions available with MSOT. Please consider volunteering your time as it provides an exciting way to stay involved in the OT community as well as support colleagues and friends. If you are unable to volunteer your time, please consider renewing your membership (if you haven’t done so already!) and recruiting at least one colleague to MSOT this fall. Not only will this help MSOT volunteers deliver quality service, but it will assist occupational therapists across the province to improve visibility, offer professional development opportunities, provide representation and advocate for policy change.

As President Elect, I would like to thank you for your continued support and membership with MSOT. Your membership strengthens the occupational therapy community within Manitoba and provides a strong network of therapists to advocate for our profession and initiate growth and change. On behalf of MSOT I wish you all a fantastic summer.

Sincerely,

Bronwyn Ring
President-Elect, MSOT
MSOT is now on FACEBOOK

MSOT is making it easier to stay connected with fellow OTs! MSOT on FACEBOOK allows you to be up-to-date with the most recent news on employment and professional development opportunities, advocacy projects and MSOT events. Stay in the loop! Come join us!

Why join the MSOT community of FACEBOOK?

⇒ Connect with OTs from around the province
⇒ Find support groups, share your opinions and experiences
⇒ Ask questions about hot topics in OT
⇒ Find out about professional development and employment opportunities
⇒ Discover upcoming MSOT social events and be a part of creating advocacy communities.

This OT community on FACEBOOK will provide an abundance of useful information to you! Be a part of this fun and exciting community.

Like MSOT on FACEBOOK today! www.facebook.com/themsot

DEFINITIONS
Facebook profile – a home page for a facebook account
Facebook wall – part of a facebook home page where friends can post messages

TO CREATE A FACEBOOK PROFILE
Go to www.facebook.com and sign up! You can create a profile with as much or as little information as you would like. You can do everything from post pictures and videos, become ‘friends’ with people, write to other people on their ‘walls’, send private messages, create interest groups, and subscribe to various groups.
Fern Swedlove’s Internet Café column will return in the next issue of Update.

Do you have a website that you or your clients refer to in your occupational therapy practice? If so, please feel free to email Fern Swedlove with the name of the website to share in the Internet Café column.

You can contact Fern at fern.swedlove@gmail.com.

Remember to visit the WRHA careers website http://www.wrha.mb.ca/careers/index.html to learn more about available positions for occupational therapists within the Winnipeg Regional Health Authority. Also spread the word to anyone you think might be interested or needs encouragement to apply!
Congratulations to Archie Cooper, Recipient of the Muriel Driver Memorial Lectureship, and to Donna Collins, Recipient of the Helen P. LeVesconte Award for Volunteerism!

The Muriel Driver Memorial Lectureship Award is presented to a member of the Canadian Association of Occupational Therapists who has made an exceptional contribution to the profession of occupational therapy through research, education and practice. This lectureship was established as a memorial to Muriel Driver to honour her many significant contributions to the profession of occupational therapy. Archie Cooper was selected to be the Muriel Driver Lecturer at the 2012 CAOT conference which will be held in Quebec City in June. The Muriel Driver Address is given once a year by professional leaders whose nominations for the award are recognized at the national level for their important influence as a member of the profession. Congratulations, Archie!

Donna Collins is the recipient of the Dr. Helen P. LeVesconte Award for Volunteerism in the Canadian Association of Occupational Therapists. This award is not given annually: a member is presented with this award only when his or her contributions are deemed outstanding. Donna is acknowledged most notably for her work on the review and revision of the national Certification Examination. Congratulations, Donna!

For more information on these awards and past award recipients, visit: http://www.caot.ca/default.asp?pageid=1356
Seating Interest Group

The focus of Seating Interest Group (SIG) is around wheelchair seating and mobility related topics. The group is open to any health care professional whose practice involves seating and mobility assessments, prescriptions as well as fitting and modifications, regardless of experience level. The main objectives of SIG are to provide education on relevant topics, offer networking among healthcare professionals who work in this area, and to strive for consistent, evidence-based seating practices across Manitoba. The group meets 4-6 times a year for approximately 90 minutes each session. Location and time for the meetings rotates among facilities in Winnipeg, and Telehealth options for participation can be explored.

The next meeting is planned for late September at the School of Medical Rehabilitation (SMR) and the main topic will involve hands on mat assessment techniques with specific client case studies.

If you would like to become a member of SIG, or have any questions, please contact the SIG co-chairs: Jennifer Birt, Jennifer Nychek, and Kellie Milloy at seatinginterestgroup@gmail.com.

The Seating Series Newsletter

The Seating Series is an electronic publication that was initiated in April 2011 and covers a wide variety of seating and mobility related topics. It is intended to be an information sharing network for therapists regardless of their level of experience or expertise with seating and mobility. This newsletter has been developed by Jennifer Birt, Specialized Seating and Mobility Clinical Specialist at the Health Sciences Centre, and will be available free as an electronic publication quarterly. The content will be guided by the readers’ feedback and contributions to ensure it becomes a valuable resource and forum for learning. Each newsletter will focus on a specific seating and mobility topic or theme, and the articles within that issue will cover a number of practical tips and solutions, assessment and intervention skills, resources, and research evidence where applicable, all relating to the larger theme of the issue.

The next Seating Series will be released in July 2011 with a spotlight on dynamic tilt-in-space.

If you would like to be included on the distribution list for this newsletter or have any questions, please contact Jennifer Birt, editor and founder, for more information at (204) 787-4266 or jlbirt@hsc.mb.ca.
No Shortage of Occupational Therapists in Local News
Compiled by Lisa Mendez & Michelyn Hasselfield

A number of occupational therapists have been featured in the local news in June and July. Copy and paste the links below into your browser to read the full stories.

Plan to battle cancer faster: Province’s goal to cut wait time for treatment to two months
June 11, 2011, Winnipeg Free Press
Features Jeff Cook, occupational therapist

New champion dedicates Manitoba Marathon win to people with disabilities
June 19, 2011, CTV Winnipeg
http://winnipeg.ctv.ca/servlet/an/local/CTVNews/20110619/wpg_manitoba_marathon_10619/20110619/?hub=WinnipegHome
AND
Extra loop no biggie for champ: Calgary man wins marathon despite ‘demoralizing’ wrong turn
June 20th, 2011, CTV Winnipeg
http://www.winnipegfreepress.com/local/Extra-loop-no-biggie-for-champ-.html
Feature Gina Tessman, occupational therapist

Rough and ready: Physical play with your kids is not only normal, it’s beneficial, say a couple of U.S. doctors
June 28, 2011, Winnipeg Free Press
Features Scott Barrows, student occupational therapist

An industry working in fear: Health employees common victims of violence
July 4, 2011, Winnipeg Free Press
Features Matthew Braun, occupational therapist and co-owner of Safe Moves Injury Prevention Solutions

Shelter gets new gym aimed at helping less fortunate
July 21, 2011, CTV Winnipeg
http://winnipeg.ctv.ca/servlet/an/local/CTVNews/20110721/wpg_siloam_gym_110721/20110721/?hub=WinnipegHome
AND
Homeless find shelter at Siloam... and place to work out
July 22, 2011, Winnipeg Free Press
Feature Nadine Blankvoort and Craig Bennett, student occupational therapists

To receive up-to-date information about OTs in the news in the future, join the MSOT community on FACEBOOK to receive links to these stories in your News Feed!
On June 23, 2011, we were pleased to hold the seventh annual Master of Occupational Therapy Independent Study Symposium. We had over 100 people attend this event, including students, faculty, clinicians, family members, and research stakeholders. Our day started off an inspiring talk from Jeanette Edwards entitled “Interprofessional Practice: Opportunities and Challenges in Primary Care”, followed by concurrent student poster and paper presentations. The topic areas and 46 student presenters included:

Olawale Tijani & Craig Bennett - Understanding University Students Laptop Computer Experience
Laura Churley & Karley Van Den Bussche - Students’ Expectations and Factors Influencing Entry to a Masters-Level Occupational Therapy Program
Chelsey Farnham & Emerald Maleagus - The Experience of Men with Multiple Sclerosis as they Transition to Unemployment
Hon Ha Nguyen & Desiree Day - A Correlational Study of Grip Strength and Lifting Ability
Kelly Kiddell - Occupational Therapy Assessment for Discharge Planning Of Elderly Persons Post Hip Fracture
Alana Hosegood & Alison Daily - Development of program evaluation tools for the Multiple Sclerosis Society of Canada
Nadine Blankvoort, Pam Whaley & Melanie Yusim - Participatory Action Research Approach to Explore Occupational Therapy Students’ Developing Client-Centredness
Alison Woo & Arthur Szulc - Exploring clinicians’ approach to consistency of effort testing during functional capacity evaluations
Ann Phung & Kim Armstrong - Electronic Aids to Daily Living Service Delivery Process: Clients’ Experiences
Danielle Mellor & Jolie Hackman - The Correlation of Osteoarthritis Knee Pain with Canadian Occupational Performance Measure Scores
Ian Maclennan - Clinical Reasoning in Group Therapy
Krista Gilhen - Normal Child Development Resource for Master of Occupational Therapy Students
Shannon Ross & Brad Snyder - Interprofessional Health Care Team Shared Decision-Making Process: An Exploratory Study
Erica Shewfelt & Krista Canham - Identification of the Components Required for a Fine Motor Program
Julia Addison & Matthew Benedet - Exiting Transitional Housing: Experiences of People with Physical Disabilities
Janice Boudreau & Sara Kunkel - Clinical Reasoning of an Expert Occupational Therapist: A Pilot Study
Parveen Rai & Kaitlin Sawchuk - A Handbook Addressing Non-Cognitive Deficits Affecting Classroom Participation for Elementary School Teachers
Danean Herdman & Sherry Just - Revision of the Manitoba Society of Occupational Therapists Private Practice Guidelines
Nadine Lam & Ben Salins - Assessment of Stressors in Occupational Therapy Students: Development of a valid instrument
Dilshana de Silva & Jami Chhabra - Evaluating Consumer Involvement: Pilot Testing a Tool and Evaluating Test-Retest Reliability
Ashley Holmes & Busi Musiwa - Resource Teachers’ Perceptions of School Therapy Services
Patricia Laushman & Gale Kumar - Preschool Farmers: Gaining a New Perspective
Jennifer Ancheta & Gillian Ronson - Gaining the Perspectives of Youth with Disabilities about Research Priorities
Allison Robinson & Chelsea Tanchuk - Professionalism: An Exploratory Study of Occupational Therapy Students and Faculty Perspectives

Congratulations to all of the students on their excellent work and presentations! We continue to receive a great deal of positive feedback on this annual event. In particular, the variety of topics and quality of presentations was rated very high on the evaluations, with 100% of respondents indicating they would recommend others attend the event in the future. We hope that you will consider joining us in 2012! If you have any questions or comments, please contact me at ripatj@cc.umanitoba.ca or by phone at 789-3303.
Improving Upper Extremity Motor Recovery Following Stroke

October 21-22, 2011
Health Sciences Centre (Ann Bond Room)
685 William Ave. Winnipeg, Manitoba

COURSE DESCRIPTION:

It is well known in the neurological rehabilitation community that the treatment of hemiparetic patients who exhibit some shoulder and elbow movement but have little or no hand function is incredibly difficult. Because the impaired arm and hand cannot effectively be incorporated into treatment, clinicians must resort to more palliative therapeutic techniques that lack evidenced based support.

This program is designed to provide practitioners with instruction in the Saebo Arm Training Program in conjunction with Saebo’s Functional Dynamic orthoses, the SaeboStretch resting hand splint and our gross motor equipment. This innovative approach allows many patients with no arm and hand function to immediately begin using their hand in therapy and at home. This is something that would otherwise be impossible.

Saebo’s Functional Dynamic orthoses are most appropriate for patients who do not qualify for the more progressive treatments such as constraint-induced movement therapy secondary to insufficient wrist and finger extension. In addition, individuals who lack elbow extension are also appropriate. The orthoses are unique in that they actually assist with thumb and finger extension so volitional grasp and release tasks can be accomplished. Moreover, elbow extension can be facilitated so functional reaching is possible as well.

This course will review current research findings that relate to neurological treatment of the hemiparetic limb and will explain how the orthoses, in conjunction with the Saebo Arm Training Program, can benefit patients suffering from upper extremity neuro-motor impairments. In addition, practitioners will learn how to correctly fit and adjust the orthoses in order to accommodate the variety of patient presentations often encountered in the clinical setting. Practitioners will have the opportunity to hone their fitting skills and learn to develop patient specific treatment plans while working with actual neurological patients.

Following this course, participants will have been provided with practical solutions to neuro-motor recovery that can immediately be incorporated into their clinical practice.

We would like to thank our sponsors for this event:
Manitoba Society of Occupational Therapists, Winnipeg Prosthetics and Orthotics & Anderson’s House of Orthopedic Appliances
**COURSE OBJECTIVES:**

*Upon Completion Of This Course The Participant Will:*

1. Identify common upper extremity impairments following a stroke
2. Demonstrate awareness of current research evidence for common treatment strategies for the upper hemiparetic limb
3. Describe the principles of Saebo’s Functional Dynamic orthoses (*SaeboFlex* and *SaeboReach*) and the Saebo Arm Training Program
4. Describe the principles of the *SaeboStretch* resting hand splint
5. Identify the components that make up Saebo’s orthoses
6. Perform a clinical evaluation of the hemiparetic upper extremity for the appropriateness of the orthoses
7. Assemble the orthoses and complete the fitting procedure
8. Develop a patient specific Saebo Arm Training treatment plan
9. Describe how to incorporate the orthoses and Saebo Arm Training principles into your current treatment practice

**Note:** This is an intermediate level course designed for OTs, PTs and Assistants. A certificate of attendance for 16 contact hours will be awarded to each participant who successfully completes the course.

**SCHEDULE:**

This course incorporates lecture and lab format

**Day One**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:30</td>
<td>Registration</td>
</tr>
<tr>
<td>8:00</td>
<td>Introduction and General Seminar Information</td>
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<tr>
<td>8:30</td>
<td>Common Clinical Concerns /Evidence Based Review of Treatment Strategies</td>
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<tr>
<td>9:30</td>
<td>Break</td>
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<tr>
<td>9:45</td>
<td>Motor Control: Cortical Plasticity, Tone, and Soft Tissue Shortening</td>
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<tr>
<td>10:30</td>
<td>Saebo’s Dynamic Orthoses</td>
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<tr>
<td>10:50</td>
<td>Clinical Evaluation of the UE</td>
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<tr>
<td>11:15</td>
<td>Saebo’s Dynamic Orthoses: Assembly</td>
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<tr>
<td>12:00</td>
<td>Lunch — on your own</td>
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<tr>
<td>1:00</td>
<td>Saebo’s Dynamic Orthoses: Assembly and Fitting</td>
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<tr>
<td>2:00</td>
<td>Break</td>
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<tr>
<td>2:10</td>
<td>Demonstration: Evaluation, Fitting and Treatment with Volunteer Stroke Survivors</td>
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<tr>
<td>5:30</td>
<td>Adjourn</td>
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**Day Two**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:30</td>
<td>Registration</td>
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<tr>
<td>8:00</td>
<td>Clinical Trials using Saebo’s Dynamic Orthoses</td>
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<tr>
<td>8:40</td>
<td>Saebo’s Dynamic Orthoses: Assembly and Fitting</td>
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<tr>
<td>10:15</td>
<td>Break</td>
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<tr>
<td>10:30</td>
<td>Case Studies and Trouble Shooting</td>
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<td>11:50</td>
<td>Website Overview</td>
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<tr>
<td>12:00</td>
<td>Lunch — on your own</td>
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<tr>
<td>1:00</td>
<td>Ordering Process, Billing, Documentation</td>
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<tr>
<td>1:30</td>
<td>Principles of the Saebo Arm Training Program</td>
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<tr>
<td>2:00</td>
<td>Break</td>
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<tr>
<td>2:10</td>
<td>Lab: Evaluate a patient for Saebo’s dynamic orthoses. Assemble and fit the device and design an exercise program to address the client’s needs.</td>
</tr>
<tr>
<td>4:45</td>
<td>Learning Assessment, Closing Comments, and Course Evaluation</td>
</tr>
<tr>
<td>5:30</td>
<td>Adjourn</td>
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</table>

Register Early as Space is Limited.
REGISTRATION FORM: (Please complete **ALL** fields)

Name: __________________________________________________________

Position: _______________________________________________________

Designation: ____________________________________________________ (e.g. OT, PT)

Facility: _________________________________________________________

Facility address: ________________________________________________

Work phone #: __________________________ Work fax #: __________________________

Email (work or personal): __________________________________________

Registration Fee: (check box that applies) Cheques payable to MSOT.

☐ $125.00 (non–MSOT members)

☐ $100.00 (MSOT members)

Please Return Registration Form **Along with Cheque or Cash Payment** to:

Manitoba Society of Occupational Therapists (MSOT) Phone: 204-957-1214

7—120 Maryland Street

Winnipeg, Manitoba

R3G 1L1

**DEADLINE:** Registration must be received by **August 31st, 2011.** Payment by cheque or cash must accompany the completed registration form.

**CANCELLATIONS:** A full refund will be granted for cancellation requests received prior to September 15, 2011 provided there is a waitlist for the course.

Confirmation of registration will be sent to all participants via email after August 31, 2011 deadline.

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We would like to thank our sponsors for this event:

**Manitoba Society of Occupational Therapists, Winnipeg Prosthetics and Orthotics & Anderson’s House of Orthopedic Appliances**

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enabling ability 10
The Multicontext Approach to Cognitive Rehabilitation of Executive Dysfunctions: Promoting Strategy Use & Awareness Across Functional Activities
Dr. Joan Toglia, Ph.D., OTR
September 17 & 18, 2011
8:30 a.m. to 4:30 p.m.
Paetzold Health Education Centre, Vancouver General Hospital
899 W. 12th Ave. Vancouver, B.C.
Tuition:
Before July 1: $375; after July 1, $425.00. Groups of 3 or more save 10% each ($337.50 or $382.50).
Includes lunches.
Deadline for registration is August 26, 2011.
Contact Dianna at dmjot@shaw.ca or call (604) 263-8730 after 1900h.

Manitoba eHealth Conference Connecting Solutions to Care
Featured Speakers:
Tom Closson, President & CEO, Ontario Hospital Association & Brian Schoonbaert, CEO, Brandon Regional Health Authority
When: October 25, 2011
Where: Canad Inns Destination Polo Park
Presentation Topics Include:
EHR/EMR, The care journey & Innovation and technology
Register today by visiting www.manitoba-ehealth.ca
Half day registration available!

A Different Way of Thinking: Forming a National Voice for Asperger Syndrome
October 4, 5, and 6, 2011 at the Franco Manitoban Cultural Centre
Visit www.differentway.ca or email conference@asperger-manitoba.ca for more information and to register!

The Manitoba Patient Access Network (MPAN) is holding the second Health Innovation Conference.
This conference will be held on November 21 & 22, 2011 at the Winnipeg Convention Centre.
- Keynote address and plenary sessions with international/ national prominent speakers
- Workshop sessions on leadership, practical LEAN tools and local innovation initiatives
- Innovation Awards Celebration Breakfast
- Upcoming program, registration information and Innovation Awards Nomination Form will be posted on www.gov.mb.ca/health/mpan

For more information, please contact Sunny Chen at 786-7139 or sunny.chen@gov.mb.ca

A 2-Day Skills Training Workshop for the Progressive Goal Attainment Program (PGAP™):
An Evidence-Based Treatment Program for Reducing Disability Associated with Pain, Depression, Cancer and other Chronic Health Conditions
Date: November 4 & 5, 2011
LOCATION: DELTA WINNIPEG HOTEL, 350 ST MARY AVENUE, WINNIPEG, MANITOBA
Evidence-based practice is quickly becoming the expected standard for rehabilitation interventions. PGAP™ is considered one of the most empirically supported interventions for targeting psychosocial risk-factors for disability. This training workshop is designed to equip Occupational Therapists and other allied health professionals with skills in psychosocial intervention strategies such that they may be better able to assist their clients in overcoming the challenges associated with debilitating health conditions. PGAP™ was designed to complement existing clinical services for the treatment of debilitating health/mental health conditions. Recent clinical trials support the use of PGAP™ as an intervention for reducing disability associated with persistent pain.

Provider: Dr. Michael JL Sullivan is a Professor of Psychology, Medicine, Physical Therapy and Occupational Therapy, Neurology and Neuroscience at McGill University.

Contact: Nicole - E-mail: info@pdp-pgap.com Website : www.pdp-pgap.com
ACOTRO Appoints New President

Kathy Corbett has been appointed to the position of President of the Association of Canadian Occupational Therapy Regulatory Organizations (ACOTRO) effective June 14th, 2011. Kathy is the Registrar of the College of Occupational Therapists of British Colombia.

Congratulations, Kathy!

Kathy is joined by Gayle Salsman as ACOTRO’s new Vice President. Gayle is the Registrar of the College of Occupational Therapists of Nova Scotia.

Congratulations, Gayle!

Are you working in a new OT position? Or a new position that is not specifically for OT, but your profession is a great fit? Know of someone who is?
Contact Lisa at 977-5632 or mendezl@cc.umanitoba.ca to share your story!