



October 2013 Volume 19 Issue 5

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FROM THE *president*



Time to Celebrate OT Month!

Fall is time of reflection and transition, and I feel that OT month marks an important point in time to celebrate our profession, but also evaluate where the profession stands, and how we hope to change and develop the face of Occupational Therapy. I encourage you to stop and think this month about how you can advocate for our profession and serve as a leader in your community.

If you have time this month, I also encourage you to participate in the National OT Month events being held in this province. From the MSOT 'Door's Open Event' to lunchtime lectures, potlucks, bake sales, SAEBO course and the student-organized Moksha yoga fundraiser, you will have no shortage of activities to choose from. If you have an OT month event that you would like to share with us please feel free to email us at msot@msot.mb.ca.

Along with OT month, October also marks University of Manitoba Convocation. MSOT is excited to welcome all new grads to the profession of Occupational Therapy and would like to thank these graduates for their dedication to the profession. During my term on the board we have had several MOT students come as public members to our board meetings, and express genuine enthusiasm and interest in MSOT initiatives. On behalf of MSOT, congratulations on successfully completing the program. We look forward to working with you!

I also look forward to seeing you all at our AGM on October 29th, where I will have the opportunity to present to you the board activities and accomplishments over the past year and highlight some of the exciting projects on the horizon for MSOT. At this meeting, my term as president will be officially complete and I will be passing the torch to Katie Kitchen as the incoming president. Katie is a incredible trailblazer, advocate and leader, and I know that she will be the perfect fit for this position.

As I end my term with MSOT I can't help to reflect on some of the amazing achievements that we have made over the past few years. None of this could have been done without membership dollars, or the phenomenal work of the MSOT board of directors. It has been such a pleasure to work and grow alongside such an amazing group of individuals and I have had such a wonderful time in this role.

Sincerely,
Bronwyn Ring O.T. Reg. (MB)
President, MSOT



Anna's House:

Community Donations Paying Off

*Written by Sawyer Klassen
for Steinbach Online, Sunday 21 July 2013*

The Pre-Kindergarten Motor Skills Workshop at Anna's House is expanding.

While the program previously only worked with fine motor skills (cutting with scissors, writing, hand-eye coordination), it is now also working with gross motor skills (full body movements). Anna's House Executive Director Vicki Olatundun says the four week program, of which there are two classes, is once again being taught by two Student Occupational Therapists on their practicums from the University of Manitoba. Olatundun explains how they've been able to expand the program.

"I have to say, the donations from our community. So many companies and organizations in Steinbach have given us money for improvement to Anna's House."

She notes it's great to see all of the donations they've received making a difference. The two Occupational Therapy Students, Kendall Wilson and Kellie Heintz, are not only working with the three to five year-olds in the program, but are also teaching their parents so they can continue the motor skill progression in their children. Heintz explains since the program is the first of its kind in Manitoba, it's really exciting to be able to help develop it, especially since they get to create the gross motor skills section from scratch.

"We've done research in fundamental movement patterns in children aged three to five, so that's different from what the previous group had done. They had researched for the fine motor and we researched the gross. So we're hoping we can have a more complete package to offer to parents in the Steinbach region."

Wilson notes the workshop expansions have been going very well.

"It's just exciting obviously. In the short time we've been here at Anna's House, they have so much programming and they do such a great job of helping the families in all different areas throughout Stienbach. It's just been really great and rewarding that we could find an area that they maybe hadn't reached and just add something new and exciting for this community."

Olatundun says she would love to be able to further expand the workshop itself, offer it year-round and see it grow into other areas of the province. She adds Anna's House is incredibly thankful for their community, as without their help the Pre-Kindergarten Motor Skills Workshop would never be possible.



(Left to right) Kendall Wilson, Kellie Heintz and Vicki Olatundun

In Memorium...

Canon Alan Ferrier Judd

1917 - 2013

Alan Percy Ferrier Judd was born November 8, 1917, in Windsor, Nova Scotia, the third of the six children of William Wallace Judd and Ruth Ferrier Alley. His father was the headmaster of King's College Boys School. When Alan was twelve years old, the family moved to Hamilton, where his father served as rector of All Saints Anglican Church.

In 1940 during WWII, Alan joined the Governor General's Horse Guard and served in England, North Africa, Italy, Germany, and finally the Netherlands. He became Squadron Commander, 3rd Canadian Armoured Reconnaissance Regiment, achieving the rank of Major.

Following his return to Canada, he worked at the Royal Bank in Simcoe, Ontario. Alan married Mary Paterson-Smyth in June, 1946. Alan left the bank to become Bursar at Huron College, London, Ontario. In 1963, Mary and Alan, with their four children, moved to Winnipeg, where he became the Executive Director of the Anglican Diocese of Rupertsland. Alan also served as a lay reader in various Anglican churches in the Interlake and was named a Lay Canon of the Anglican Church. Later he left the Diocese to become financial manager of Balmoral Hall, while also serving as secretary of the Manitoba Federation of Independent Schools.

Alan was known for his fine tenor voice and sang with numerous church and secular choirs in Winnipeg, including the Winnipeg Male Chorus, the Happy Homesteaders and the Senior Citizen's choir.

Alan was devoted to Mary and her work as an occupational therapist at the Winnipeg Municipal Hospitals. He accompanied her on her speaking tours following the publishing of her books about dementia care. After her death in 1997, he helped establish the Mary Judd Research Grant through the Manitoba Society of Occupational Therapists and the Mary Judd Book Prize, for a graduating occupational therapy student in the Faculty of Rehabilitation Medicine, University of Manitoba.

Following Mary's death, Alan and Lynda Wolf began their sixteen year relationship. Together, they enjoyed gardening, singing in choirs, camping, and visiting the children from both their former families.

Alan leaves to mourn Peter Judd (Barbara), Stephen Judd (Maureen) and grandchildren Tilke, Stephanie, Malaika, Mark Judd (Terri) and grandchildren Zachary, Zoë, Alexis, and Kate, and Rebecca Judd (Tom Hanson). He is also mourned by Lynda and her sons Eric (Kimberley) and Christopher (Linda).

Alan is remembered as a gentle soul with an abiding joy for family and nature. He was devoted to the happiness of others and to the unremitting service of his God.

In lieu of flowers, donations can be made to the Mary Judd Research Grant, c/o Manitoba Society of Occupational Therapists, Suite 7-120 Maryland St, Winnipeg, MB, R3G 1L1



WHERE: MSOT Office
120 Maryland Street

WHEN: Tuesday, October 1
5:30 – 6:30 P.M.

WHY: Celebrate National OT Month by learning about MSOT, meeting the MSOT Board of Directors, and networking with other OTs!

HOW: Bring your favourite potluck dish and join us!

**JOIN MSOT AT A
DOORS-OPEN POTLUCK
TO CELEBRATE NATIONAL OT MONTH!**



Check out our Facebook Page (facebook.com/TheMSOT) to see the tasty dishes that will be coming, and add your own!

National Occupational Therapy Month

CALENDAR

(PAGE 1)

Tues, Oct 1	Doors-Open MSOT Potluck	120 Maryland Ave.	5PM-7PM	
Wed, Oct 2	OT Research Display Tables: Pressure Management & Positioning	William Mall, HSC		
Fri, Oct 4	OT Month Kick-Off	Brodie Atrium	12PM-1PM	Buy your OT gear!
	Karma Yoga	Moksha Waverley	7:30PM-8:30PM 9PM-10PM	Min. \$5 donation
Sun, Oct 6	CIBC Run for the Cure	Winnipeg		Join or cheer for TEAM OT!
Tues, Oct 8	OT Adult Mental Health Networking Day	PsychHealth Theatre PX236 Telehealth Available	1PM-4PM	Contact Amy Collins (204-477-3125) or Azel Navarro (204-787-7895)
Wed, Oct 9	OT Month Lunch & Learn * For students only *	UofM Bannatyne, SMR Rm 230	12PM-1PM	Free pizza lunch
Thurs, Oct 10	MAHCP AGM	Holiday Inn, 2520 Portage Ave.	5PM	
Fri, Oct 11	Karma Yoga	Moksha Waverley	7:30PM-8:30PM 9PM-10PM	Min. \$5 donation
Sun, Oct 13	Happy Hour with Sylvia!	On CJOB 680	4PM	
Tues, Oct 15	Bake Sale	Brodie Mezzanine & Thorlakson, HSC	12PM-1PM	
	OT Rounds: Linda Johnson, DAMP Program	Telehealth Available	3PM-4PM	
Wed, Oct 16	OT Month Lunch & Learn "Stressed to Kill"	UofM Bannatyne Theatre B	12PM-1PM	Presenter: Sylvia Yaeger
	"Understanding Behaviour from a Sensation Point of View"	Boundary Trails Health Centre		Presenter: Rosanne Papadopoulos

National Occupational Therapy Month

CALENDAR

(PAGE 2)

Fri, Oct 18	Karma Yoga	Moksha Waverley	7:30PM-8:30PM	Min. \$5 donation
Sun, Oct 20	Happy Hour with Sylvia!	CJOB 680	4PM	
Wed, Oct 23	OT Month Lunch & Learn <i>“Radation Treatment and Long Term Effects on Function”</i>	UofM Bannatyne Theatre B	12PM-1PM	Presenter: Dr. Garry Schroeder
Fri, Oct 25	Karma Yoga	Moksha Waverley	7:30PM-8:30PM 9PM-10PM	Min. \$5 donation
Sat, Oct 26	SAEBO Conference	Deer Lodge Centre	8:30AM-5PM	
Sun, Oct 27	SAEBO Conference	Deer Lodge Centre	8:30AM-5PM	
WORLD OT DAY				
Mon, Oct 28	OT Month End-Off and Bake Sale	Brodie Atrium	11:30AM-1:30PM	
Tues, Oct 29	Annual General Meeting (MSOT & COTM)	Life & Learning Ctr, 2nd Floor, Deer Lodge Ctr	5PM	
Wed, Oct 30	OT Month Lunch & Learn <i>“Perceptions & Assumptions Regarding Homelessness & Mental Health”</i>	UofM Bannatyne Theatre B	12PM-1PM	Presenter: Alana Hosegood

Purchase OT T-shirts, buttons and 'You, Me, and My OT' books all month long!

For more information on all of these events,
please visit msot.mb.ca/events.aspx

Consider being a part of the MSOT Board beginning this fall!



**This is a great way to network with other OTs, gain valuable leadership skills and help support the OT Community!
And an added bonus for you...it will look great on your resume!**

msotnominations@gmail.com

There are multiple open positions, so find out what interests and works best for you!



SPOTLIGHT on OT SERIES:

Are you working in a new OT position?

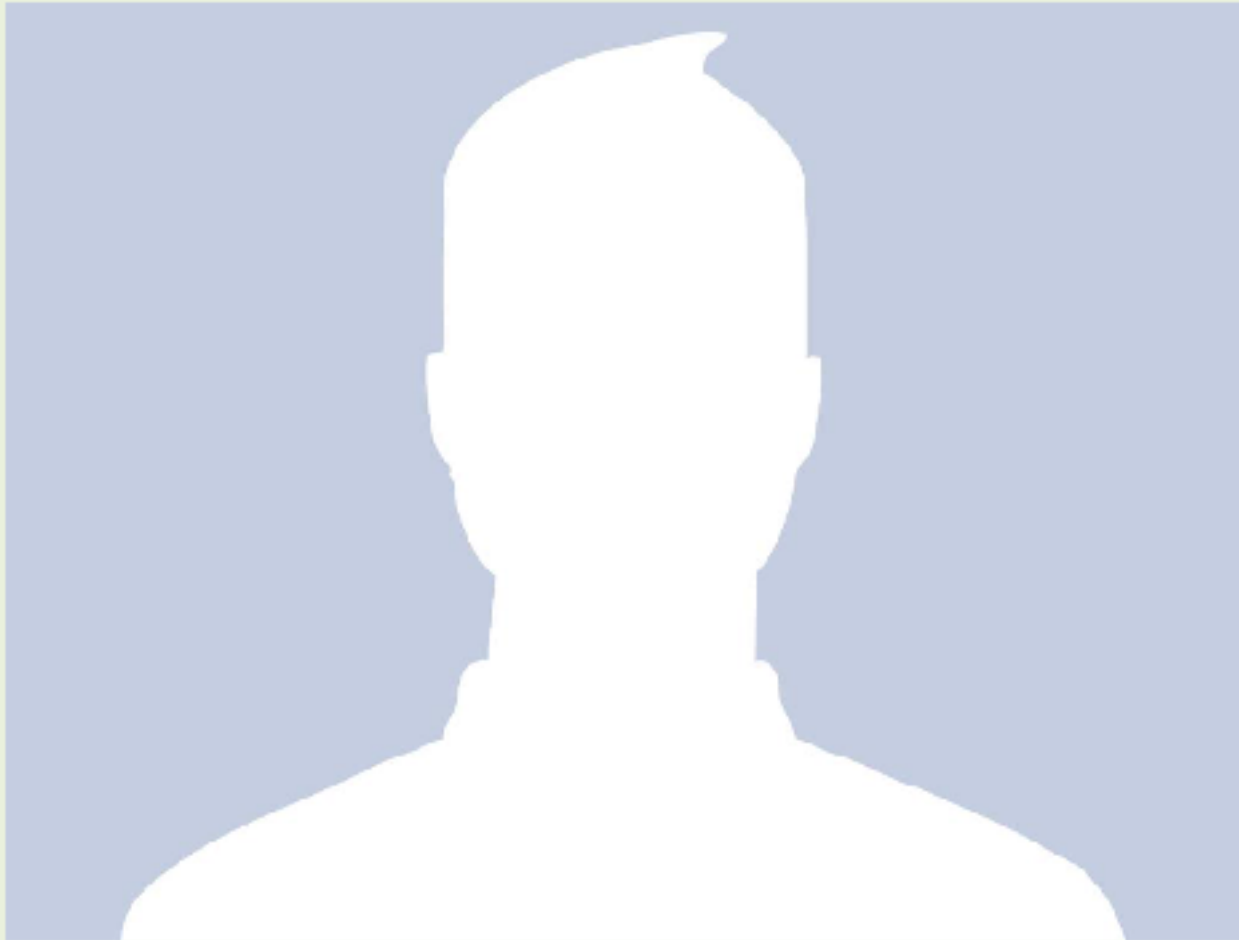
Perhaps in a new position that is not specifically for OT, but OT is a great fit?

Do you know someone who is contributing to Manitoba's OT community through new and innovative strategies?

Or maybe you just want to share your experience as an OT in Manitoba with MSOT members?

Submit your story to [msot.newsletter@gmail.com](mailto:mсот.newsletter@gmail.com)

We'd love to hear from you!



Guess who's turning 50 next year?

Hint: 50 years of OTs for OT in Manitoba!



Share your ideas for celebrating by emailing msot@msot.mb.ca
with the subject line: "50 years"

Red Road Lodge:

Occupational Therapy Students in Supportive Housing

By Ashleigh Schedler & Lisa Hjørleifson

As student occupational therapists embarking on our advanced fieldwork placement in the summer of 2013, we were excited and privileged to complete our fieldwork at Red Road Lodge, situated on the corner of Main Street and Logan in Winnipeg. Red Road Lodge, or the former Occidental Hotel, is a unique 46 room housing facility that provides a supportive home for vulnerable or at risk individuals in need of a place to call home. Most tenants have previously been homeless, are recovering from addiction, or living with pervasive mental health issues. Some individuals live at Red Road Lodge for a short period of time, and transition to other types of housing, while others live there for a number of years. The Lodge provides a community of support to encourage recovery, growth and development in a holistic environment that is truly person-centred. A life skills program has recently been developed which consists of activities such as gardening, creating birdhouses, sewing, street cleaning, and budgeting. There is a common room that functions as a meeting place where tenants can meet and mingle, artists can be inspired and create their art, programs can be facilitated, and Red Road Lodge employees can meet and touch base with tenants to provide further support.

Our fieldwork placement at Red Road Lodge changed the way we view occupational therapy within the psychosocial context, and was an exciting new frontier for occupational therapy in Manitoba. We entered an environment where there has never been a regular occupational therapist providing regular services in a client-centred way. We were also able to explore the potential role of occupational therapy at Red Road Lodge through providing appropriate assessment and intervention to tenants. Establishing meaningful goals with clients in order to promote social justice, health, well-being, and engagement in meaningful activities was essential.

We individually engaged with 8 clients, developed and executed 2 workshops, provided drop-in services,

networked with community occupational therapists, developed record management recommendations, advocated for the role of occupational therapy at Red Road Lodge, and summarized the literature supporting services provided by Red Road Lodge. We also developed skills in assessment and intervention, such as behavioural memory assessment, IADL observation and intervention, SMART goal development, evocative empathy, grading and adapting everyday activities, coping skills, advocacy, assertiveness, cognitive behavioural approaches and crisis intervention. Essential knowledge was acquired regarding how to be therapeutic with marginalized and vulnerable individuals, what it means to be homeless, aboriginal culture, and the importance of the engagement in art for developing a new self-identity. It was a surprise to us how important engaging in creative activities and art was for tenants, and how art therapy truly has an essential place in occupational therapy practice.

In summary, we both hope to use our experience and reflections in the future to be therapeutic with clients from all walks of life and be truly holistic in the services we provide. Of particular importance is use of our client-centred foundations to truly engage in collaborative goal setting, with the client feeling acknowledged as the expert in their own subjective experiences. We would like to thank Red Road Lodge for giving us such a warm welcome, Beverly Roberts for her guidance and support, and Carolyn Bergen who provided her insightful guidance as our off-site fieldwork educator.



ADVOCACY

River East Collegiate: Occupational Therapy Students in Student Services

Written by: Janie KupsKay, Student Services Department Head

River East Collegiate has embraced the visionary concept of bringing Master students of Occupational Therapy at the University of Manitoba into our Student Services Department to work with our Universal Student Population. This venture has never been tried before in Manitoba. What a successful, amazing merger of two disciplines! It certainly was a win/win situation for all parties involved. The outline below explains how our OT students worked daily in our Department. Within the two month period that these OT students were with River East Collegiate the students and staff of our school embraced the concept and a void has been left behind since their departure.

I credit our School Principal, Jim Beveridge, our Senior Divisional Administration Joan Trubyk and the University of Manitoba Advisors of the Occupational Therapy Department, Ellen Davis for thinking outside the box. By embracing a visionary attitude our school has become the first in Manitoba to develop this cutting edge idea of having Occupational Therapists deal with our school's Universal Population. Our wish is that other School Divisions in Manitoba will open their doors to a relevant, fresh and innovative idea embracing a new look in how we use our Occupational Therapists in our Divisions.

If you have any questions, please do not hesitate to contact Janie KupsKay at jkupsKay@retsd.mb.ca or call 204 3384611 ext 3187. Below is basis of **Ashley Ewasko and Ines Mamula's, Masters Students in Occupational Therapy, experience at River East Collegiate.**

WHERE: River East Collegiate

WHEN: Intermediate 2 placement
from January 7th to March 1st 2013

CASELOAD: 3 to 5 students daily
(assigned students and drop-ins)

CLIENT POPULATION: Grade 10 - 12 students with
or without a formal diagnosis



ADVOCACY

River East Collegiate: Occupational Therapy Students in Student Services

(CONTINUED)

OCCUPATIONAL PERFORMANCE ISSUES: Time-Management; housing; resume developing; job searching; career planning; post-secondary planning; high school graduation; organizational skills; sleep hygiene; exam anxiety; volunteering and scholarships.

ASSESSMENTS/OUTCOME MEASURES: No formal assessments were implemented; included functional assessments; interviews and observations; mood chart/log and parent phone interviews.

THEORIES: Developmental; Neuro developmental; Cognitive Behavioral Theory; Maslow's Hierarchy of needs; Trans-theoretical Model of Change; Harm Reduction Approach; Psychodynamic and Relationship Development Intervention.

INTERVENTIONS: Included Task-analysis and breaking down activities; short (drop-ins) and long term interventions; communication/social skills development; time-management and organizational skill development; self-esteem activities; stress/anxiety management strategies; resume development; job& interview skill teaching; supplying community resources; teaching academic writing and study skills

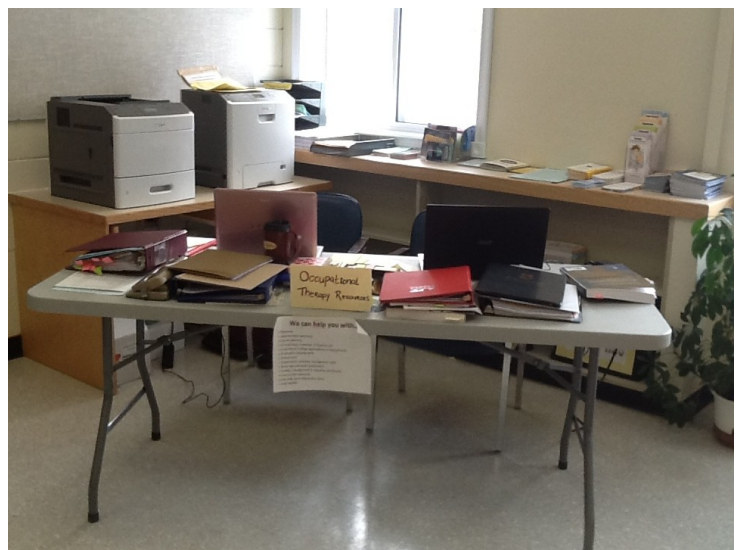
FUTURE STUDENT RECOMMENDATIONS:

1. Use of standardized assessments and outcome measures
2. Develop and run group therapy sessions

FUTURE PLACEMENT RECOMMENDATIONS

1. Student orientation binder
2. List of courses offered in school (S, U and G)
3. List of teachers and courses that they teach

OCCUPATIONAL THERAPY SKILLS: Inclusive evocative empathy and interview skills; a client-centered and collaborative approach; the ability to develop and run groups; research skills and ability to critically analyze material; the ability to work as a team and with other disciplines; professional behaviors and the ability to use theories to guide assessments and interventions.



ADVOCACY



CALL FOR PAPERS *Occupational Therapy Now*

March 2014 Special Issue:
Creative Occupational Solutions for Today's Occupational Challenges

Deadline for submissions: October 15, 2013.

For more information please contact Janna MacLachlan at: otnow@caot.ca

To review *OT Now* author guidelines, go to: <http://www.caot.ca/default.asp?ChangeID=25&pageID=7>

Guest Editors:

Elizabeth Townsend, Ph.D., OT(C), Reg. PEI, FCAOT. Liz is Professor Emerita at Dalhousie University, School of Occupational Therapy and an Adjunct Professor at the University of Prince Edward Island, Faculty of Education.

Susan Rappolt, Ph.D., OT Reg. (Ont.). Susan is Associate Professor and Chair of the Department of Occupational Science and Occupational Therapy, and Associate Professor in the Graduate Department of Rehabilitation Science and Dalla Lana School of Public Health at the University of Toronto.

Call: *OT Now* invites stories, vignettes, short reports and brief academic papers that examine significant occupational challenges arising from social problems, such as economic hardship or inequities associated with gender, age, race, sexual orientation and culture, and occupational therapy initiatives to address these challenges. This special issue will profile the breadth of current practices, creative visions of possibility, and current and potential funding bases for occupational therapy responses to social problems as experienced by populations, communities and individuals. Authors are encouraged to critically examine the policy and economic bases of the problems, as well as current interprofessional or interagency initiatives, and to explore alternative occupational solutions. Innovative occupational therapy partnerships, creative approaches to diversity, historical perspectives, international examples, and tested, economically viable approaches are of particular interest. Accepted submissions will take stock of occupational therapy contributions to Canadians today. Contributions are welcome from front line practitioners, researchers, students and others.

Submissions may take the form of a 300-500 word profile, a short report of 500-1000 words, or a paper of 1000-1500 words, and may give visibility to occupational therapy innovation in:

- Established, yet little-known occupational therapy programs or approaches
- Pilot projects that explore new funding bases for occupational therapy
- Student projects that explore or demonstrate responses to a current occupational issue
- Evaluation approaches across the spectrum of critical reflexivity, story telling or measurement
- Economic analyses of occupational therapy responses to occupational issues of aboriginal and other indigenous life, aging, disability, early childhood development, employment and work, immigration and refugees, the growing gap between rich and poor including poverty and homelessness, prisons and probation, youth in today's world, etc.

ADVOCACY



CALL FOR PAPERS *Occupational Therapy Now*

Special Issue: September 2014
Occupational Therapy and Universal Design

Deadline for submissions: April 1, 2014.

For more information please contact: Janna MacLachlan at otnow@caot.ca.

To review *OT Now* author guidelines, go to: <http://www.caot.ca/default.asp?ChangeID=25&pageID=7>

Guest Editor:

Lili Liu, PhD, OT(C), Professor and Chair, Department of Occupational Therapy, Faculty of Rehabilitation Medicine, University of Alberta, Edmonton, Alberta.

Call: The goal of this special issue of *OT Now* is to provide a broad audience with information on the contribution of occupational therapy to universal design. Universal design refers to a set of principles that guide service providers and clients in creating environments and selecting products that accommodate the needs of as many people as possible. Ron Mace coined and defined universal design as, "The design of products and environments to be usable by all people, to the greatest extent possible, without the need for adaptation or specialized design"¹. Aesthetics, affordability, and reducing stigma are considered. Universal design is more than designing to code or standards, or assistive technology and accessibility. Users include the client, *and* caregivers and family members. Concepts such as visitability, transgenerational use and design for aging are subsets of universal design. Since the Canadian Association of Occupational Therapists published its position statement on universal design and occupational therapy in 2009², opportunities have grown for practitioners in this field. This special issue will explore the innovative and diverse roles of occupational therapists in universal design including in health care, community care, private practice, and working with government ministries or organizations. All submissions should be written for a diverse audience including colleagues, policy makers, stakeholders and consumers.

We are looking for papers/case studies that describe, for example:

- Enabling occupational performance and engagement of clients through universal design applied to products, built environments, landscaping, public spaces, outdoor spaces, and services;
- The roles of occupational therapy in interprofessional teams that use universal design;
- Evidence-based occupational therapy programs/interventions that use principles of universal design to address needs of clients with chronic conditions, or specific populations, e.g., older adults with dementia, multiple sclerosis, or arthritis; veterans; and other populations;
- Fieldwork experiences that student occupational therapists have undertaken in a setting with a focus on universal design.

We would like to hear from occupational therapists who are:

- Practicing in areas using universal design principles,
- Conducting research in universal design (including students),
- Developing/participating in educational opportunities in universal design, and/or,
- Developing regional, provincial or national policies that focus on universal design.

¹Mace, R. (n.d.) What is universal design? Retrieved from RL Mace Universal Design Institute website: <http://udlinstitute.org/whatisud.php>

²Canadian Association of Occupational Therapists. (2009). CAOT Position Statement: Universal design and occupational therapy. Retrieved from: <http://www.caot.ca/pdfs/positionstatementuniversaldesign.pdf>



from the School of **Medical Rehabilitation**

Thank You Fieldwork Educators!

The Occupational Therapy Department at the University of Manitoba would like to thank the following individuals and sites for their contributions to our fieldwork program during May and June 2013. Our fieldwork program could not exist without your generous support. We appreciate all you contribute to the education of our future colleagues.

Beacon Hill Lodge: Courtney Denman; **Brandon Regional Health Authority-Mental Health Jo**
-Ann Pasklivich-Holder; **Charleswood Care Centre:** Pooja Kumar; **Creative Therapy Ser-**
vices: Renee Roy; **CTS Winnipeg:** Thomas Steur, Marcia Stewart, Deena Dyck; **Dauphin Re-**
gional Health Centre: Jeanette Logan; **Deer Lodge Centre:** Diane Nicholson, Alisia Roos,
Catherine Bryden Dueck; **Grace General Hospital:** Glen Gray, Laura Dyck, Kaitlyn Sawchuk;
Hanover School Division: Corinne Hildebrandt; **Healthy Aging Resource Team-River East/**
Transconia: Eleanor Stelmack; **HSC- Adult Health:** Jennifer Birt, Kelly Mark, Janet Belog,
Chelsey Reimer, Lisa Forbes, Danielle Harling; **HSC- Mental Health:** Bronwyn Ring, Talia
Weisz; **HSC- Child Health:** Lorna Parent, Erin Dojack, Kim Thiessen; **Macdonald Youth Ser-**
vices: Lisa Salter; **Main Street Project:** Lenora Moerland; **Manitoba Developmental Centre:**
Kristin Roy; **Maples Personal Care Home:** Robin Diduch; **MATC-Community Services Pro-**
gram: Julie Roth, Rob Diamond-Burchuck; **MATC-Tecumseh Site:** Melissa Ancelin; **Portage**
District General Hospital: Raelene Grimolfson; **Prairie Mountain Health Region-Souris**
Health: Kayley Nicoll Kehler; **Prairie Mountain Health Region-Virden Health:** Jenna Mills;
Prevention & Assessment Rehabilitation Service: Elaine Hayes, Karen Mazur; **Program for**
Assertive Community Treatment: Andrea Walker; **Rehabilitation Centre for Children:** Barb
Borton, Joanna Quanbury, Jenny Soriano, Sara Kunkel; **Rose & Max Rady Jewish Community**
Centre: Erin Fonseca; **Selkirk Mental Health Centre:** Andrea Braun, Stephanie Warren;
Seven Oaks General Hospital: Alana Zenert, Gail Marcaida, Cathy Zabloski, Christina Nichol;
Society for Manitobans with Disabilities: Marlies Dyck, Rebecca Bayes; **St. Boniface Hospi-**
tal: Jenna Scott, Hong Penner, Rebecca Friesen, Julie Lamothe, Kelly Bernardin, Jamie
Chhabra, Marcy Fengler; **Wascana Rehabilitation Centre:** AnneMarie Dreher, Kim Schaan.

We hope you will continue to be involved in our program.

Thanks again!

P.S. If we have inadvertently left your name off this list or misspelled your name, please accept our apology and let us know ASAP!

Professional Development & Networking

Conferences, Research and Education

OT Atlantic Conference: "OT—Our Time is Now"

Date: October 4-5, 2013

Place: Oak Island Hotel, South Shore NS

Visit: <http://nssot.ca/education/ot-atlantic-conference/>

Occupational Therapy Adult Mental Health Networking Day

Date: October 8, 2013, 1-4PM

Place: Psychealth Teatre PX236, Winnipeg MB // Telehealth available

Contact: Amy Collins at 204-477-3125, or Azel Navarro at 204-787-7895

SAOT Presents: Business Bootcamp: Starting up your Private Practice

Date: October 19-20, 2013

Place: Crestwood Community League Hall, Edmonton AB

Visit: Robin Telasky at 780-238-9111 or info@saot.ca

SAOT Presents: Life Care Planning

Date: October 25-26, 2013

Place: Kahanoff Conference Ctr, Calgary AB

Contact: Robin Telasky at 780-238-9111 or info@saot.ca

Picky Eaters Versus Problem Feeders: The SOS Approach to Feeding with Kay Toomey, Ph.D. & Team

Date: November 7-10, 2013

Place: Holiday Inn Conference Centre, Edmonton, AB

Contact: Robin Telasky at executivedirector@saot.ca

Visit: <http://www.saot.ca/> for more information and to register

The 3rd Annual IDC Northern Research Days/The 12th Conference of the Canadian Rural Health Research Society: Stories of Rural Health through Knowledge, Research & Collaborative Action

Date: November 13-15, 2013

Place: Prince George, BC

Contact: Rachael Wells at 250-960-6409, wellsr@unbc.ca

Manitoba Patient Access Network Presents (MPAN): Health Innovation Conference

Date: November 18-19, 2013

Place: Winnipeg Convention Centre, Winnipeg MB

Contact: Kathy Kelly at 204-786-7245, kathy.kelly@gov.mb.ca

Visit: www.gov.mb.ca/health/mpan/index.html

Invacare Canada Presents: Positioning: It's About Time: Meeting Positioning Needs Around the Clock

Date: November 19, 2013

Place: Clarion Hotel, Winnipeg MB

Contact: Cathy Schultz at cathy-schultz@invacare.com or 800-668-5324 x2631

Geriatric Education & Consultation Services Presents:

The Brain and Behaviour: Understanding the Impact of Brain Damage in Dementia and

The EMPATHY Method: Changing Elder Care from Task-Oriented to Person-Centred

Date: November 21 & 22, 2013

Place: Victoria Inn, Brandon MB and

Date: November 28 & 29, 2013

Place: Holiday Inn South, Winnipeg MB

Register: www.geriatricservices.ca

Contact: mail@geriatricservices.ca

WRHA Presents: SafeTALK (Suicide Alertness for Everyone)

Date & Place:

November 5, 2013, 1-4:30PM, 3-1050 Leila Ave—Rm 121

January 23, 2014, 9AM-12PM, Transcona Access Ctr, Rm 165

April 10, 2014, 9AM-12PM, 6-845 Dakota St., Youville Ctr, Rm 21

Contact: Jaspreet at 204-940-3681



@MB_Society_OT



TheMSOT

*For all of your
Occupational Therapy
updates and much more!*

Professional Development & Networking

Upcoming Workshops

Assertive Communication

Date: October 24, 2013

Leadership and Management— The Essential Foundations

Date: October 29, 2013

Innovation—A Workplace Essential

Date: October 30, 2013, 9AM -12PM

Personality Differences—Myers Briggs for Conflict Prevention

Date: November 13, 2013

Dealing with Difficult People

Date: November 14, 2013

Coaching Strategies for Leaders— Conflict, Performance, Change

Date: November 28, 2013

Conflict Resolution Skills

Date: December 9, 2013

Meditation—An Informal Process for Conflict Resolution

Date: December 10-11, 2013

Intergenerational Communication in the Workplace

Date: December 18, 2013, 9AM-12PM



ACHIEVE Training Centre

www.achievecentre.com

*All Workshops are held in Winnipeg,
unless otherwise specified.

Gender and Sexual Identity in Youth

Date: October 16, 2013

Mindfulness Counselling Strategies— Activating Compassion and Regulation

Date: October 17-18, 2013

De-escalating Potentially Violent Situations

Date: October 31, 2013

Anxiety—Practical Intervention Strategies

Date: November 6, 2013

Trauma—Strategies for Resolving the Impact of Post Traumatic Stress

Date: November 7-8, 2013

Anxiety—Practical Intervention Strategies

Date: November 13, 2013

Place: Brandon, MB

Stalking—Assessment and Management

Date: November 20, 2013

Motivating Change—Strategies for Approaching Resistance

Date: December 5-6, 2013

Understanding Mental Illness

Date: December 16, 2013

DSM-5—What's New... What's Different

Date: December 17, 2013, 9AM-12PM



Crisis and Trauma Resource Institute Inc.

www.ctrinstitute.com

Check out these resources!

Marnau Adaptive Products

www.marnau.ca

Featuring adapted products for those living with Parkinson's, Alzheimer's, Arthritis, Autism, Macular Degeneration, Hearing loss, Night Sweats & Menopause, Diurnal Enuresis and many other debilitating illnesses.

Sensory Trust

<http://www.sensorytrust.org.uk/index.html>

The Sensory Trust makes places more accessible, attractive and useful for everyone, regardless of age, disability and social circumstances. Our work brings social and health benefits to people whose lives are affected by social exclusion, including older people, people with physical, sensory, and intellectual impairments and families and carers.

EDITORIAL POLICY...

Update is published six times per year and is distributed the first week of February, April, June, August, October and December. Statements, claims and opinions made in articles and advertisements are those of the author or advertiser and do not necessarily reflect the views of MSOT members or executive. Submissions are subject to editorial changes.

Submissions: Submissions should be no longer than 500 words and submitted by typed hard copy to MSOT 7 - 120 Maryland Street, Winnipeg, MB R3G 1L1, by fax to (204) 775-2340, or by email to msot.newsletter@gmail.com

2013 MSOT ADVERTISING RATES



Employment Advertisements

In-Province:

¼ page - \$60.00/month

½ page - \$80.00/month

Full page - \$100.00/month

• Employment Advertisements •

Out-of-Province:

¼ page- \$70.00/month

½ page- \$90.00/month

Full page- \$110.00/month

• Commercial Advertisements

¼ page- \$80.00/month

½ page- \$100.00/month

Full page- \$120.00/month

Business Card-\$50.00/month
- \$250.00/year

All submissions are due on the 10th of the month prior to the month of publication.

Please email submissions to msot.newsletter@gmail.com

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