The listings of occupational therapy practices in this directory are not necessarily endorsed by MSOT. Statements, claims & opinions made by occupational therapy private practice providers are those of the author or advertiser & do not necessarily reflect the views of MSOT members & Board members.

The information contained in the Directories is subject to change without notice.
AQUA ABILITIES

Sole Proprietor

Davna Belhassen, O. T. Reg. (MB)
110 - 5 Valhalla Drive, Winnipeg, MB R2G 0X6
Phone: (204) 233-3743
Email: aqua Abilities@hotmail.com

Area Served: Winnipeg and surrounding area

Nature of Practice: Direct service and consultation to individuals and groups. We specialize in using water as a therapeutic medium to facilitate movement, learning and communication for both children and adults with special needs.

Services Provided:
- Individual and group treatment
- Workshop water safety for paraprofessionals, program development and consultation for schools, respite organizations, community groups and the City of Winnipeg Parks and Recreation Department.


System of Referral: Self-referral by phone call or email.
Sole Proprietor
Nicole Beauchesne, O.T. Reg. (MB)
P.O. Box 53060, R.P.O. South St. Vital
Winnipeg, MB R2N 3X2
Phone: (204) 231-0785
Fax: (204) 231-4442
Email: info@blockbuilding.ca
Website: www.blockbuilding.ca

Area Served: Manitoba
Nature of Practice: Assessment, direct intervention and consultation for children and adults.

Services Provided:
- **Adults and Children** - Specialization in discharge planning, environmental assessments, equipment prescriptions and cognitive assessment and treatment for clients with a brain injury, spinal cord injury or orthopedic injury. Also facilitate return to school or work processes for clients with above injuries.
- **Children** - Community-based occupational therapy services within the child’s functional environment (home, school, day care). Services are directed toward increasing a child’s independence with activities of daily living which are affected by physical, cognitive or social difficulties. This includes but is not excluded to self-care (dressing, toileting), play (concepts, socialization) and work (reading, writing and cutting). Educational in-services can be provided to individuals or groups on various topics.
- **Adults** - Completion of personal care assessments, physical demands analysis, work site assessments and percentage of duties assessments for clients with soft tissue and/or back injury. Ergonomic assessments for the workplace and gradual return to work programs for the injured worker. Competency shelter and assessments for clients with brain injuries and dementia. We also provide medical legal assessments, specializing in “Future Cost of Care” analysis.

Ages served: All ages
Other: Occupational therapy services available in French

Special Interests:
- **Adults and Children** - Traumatic brain injuries, Spinal cord injuries, Orthopedic injuries.
- **Children** - Attention Deficit Disorder, Learning disorders, PDD (Asperger’s Autism), Neuromuscular disorders and Developmental disorders.
- **Adults** - Personal Care Assessments, Worksite Assessments, Physical Demands Analysis, Percentage of Duties Assessment, Childcare Assessments and Return to Work Programs.

System of Referral: Self-referral, physician referral or referral directly from schools, family member or third party payer.
Heidi Garcia, O.T. Reg. (MB) Phone: (204) 999-6951
P.O. Box 37014, St. Vital Centre Email: bloomingabilities@gmail.com
1 - 785 Dakota Street Website: www.bloomingabilities.com
Winnipeg, MB R2M 5M3

**Area Served:** Winnipeg and surrounding area

**Nature of Practice:** Blooming Abilities is a private pediatric Occupational Therapy practice providing assessment and intervention to support children in learning and developing skills that are challenging for them.

**Services Provided:**
- Individual assessment
- Direct intervention
- Consultation
- Intervention for printing and fine motor skills also provided in a small group setting to enable children to learn together while improving upon printing skills, dexterity, finger and arm strength, body awareness and core strength.

**Ages served:** Primarily 3 - 12+

**Special Interests:**
- Helping children master skills, achieve independence and be successful in all that they want or need to do.
- Working with children who struggle with printing, fine motor skills and coordination.
- Children with developmental delay, DCD, ADHD, and other learning challenges.
- Self-regulation and How Does Your Engine Run.
- OT has Level 1 certification with Handwriting Without Tears®.

**System of Referral:** Self-referral, families, physicians, teachers and other professionals
Leslie Assor, O.T. Reg. (MB)
502- 850 Scotland Ave.
Winnipeg, MB   R3M 1X7

Area Served:       Manitoba, primarily Winnipeg
Nature of Practice: Direct service and/or consultation to families, children, caregivers and educators.

Services Provided:
- Comprehensive assessment, direct intervention and/or consultation.
- Services may be provided in the home, Occupational Therapy clinic or a community-based site, individually or in small groups depending on client needs.
- Occupational Therapy Clinic provides direct therapy in a safe, child-friendly and sensory-rich treatment environment.
- Services are directed towards promoting children’s development, learning and emotional well-being at home, school and/or other community settings.
- Treatment methods are based on current research and best practice for treating children with a variety of challenges.
- Therapy is family-centered where therapists and families become partners in identifying priorities and collaborating to best meet their child’s needs.
- Therapist is Sensory Integration Certified with advanced training in the assessment and treatment of sensory processing disorders.
- Able to provide assessment and treatment in ASL.

Ages served:       Birth to school-age
Special Interests:
- Sensory Processing Disorder
- Autism Spectrum Disorder
- Neuro-Developmental Delays/Disorders
- Attention Deficit Disorder
- Brain injuries
- Deaf and Hard of Hearing
- Emotional and Behavioural concerns
- Learning challenges

System of Referral: Self-referral, families, physicians, professionals to call, email or make written referral.
Nicole Beauchesne, O.T. Reg. (MB)
P.O. Box 53060, R.P.O. South St. Vital
Winnipeg, MB  R2N 3X2

Area Served:  Manitoba  
Nature of Practice:  Neuro-rehabilitation  
Services Provided:  

The Early Intervention Program  

is an early response service for clients living with the effects of a recent or mild traumatic brain injury. The Early Intervention Program is available for those who have sustained a mild traumatic brain injury within the past six months, however best results can be seen within 3 months of the injury.

The Living with Symptoms Program  

is a time-limited and community-based rehabilitation program for clients with persistent post-concussion symptoms. The focus is on symptom education, compensatory strategies of cognitive and emotional changes, cognitive retraining, functional problem solving and goal setting.

Ages served:  Ages 12+  
Other:  Occupational therapy services available in French.  
Special Interests:  Mild brain injuries, concussions.  
System of Referral:  Self-referral, physician referral or referral directly from schools, family member, or insurer.
DISCOVERIES IN THERAPY

Rosanne Brezden Papadopoulos, O.T. Reg. (MB)  
RDI® Program Certified Consultant  
ILS® Advanced Program Practitioner  
468 Academy Road, Winnipeg, MB  R3N 0C7  
Phone: (204) 254-3146  
Email: rosanne@discoveriesintherapy.com  
Fax: (204) 253-6105  
Website: www.discoveriesintherapy.com

Michelyn Brown, O.T. Reg. (MB)  
ILS® Program Practitioner

Area Served: No particular geographic district.

Nature of Practice:

◆ Issues related to neurodevelopmental disabilities that include children, adolescents, adults and their families;
◆ Sensory processing assessments and brain based intervention
◆ Consultation to parents or professionals;
◆ Workshops or professional development opportunities.

Services Provided:  

Primary intervention includes:

◆ Sensory Processing assessment and treatment to assist the child, parent(s) and classroom learning environments.

◆ Relationship Development Program (RDI®) (www.rdiconnect.com)

An RDI® program is a carefully designed, apprenticeship-based remediation program targeting the development of dynamic intelligence. It was originally designed for individuals on the autistic spectrum but has expanded to include other diagnosis that impact on social development. RDI® seeks to engage guides (parents, mentors of adults) in methods of interaction that follow normal development. This process activates brain pathways and develops dynamic thinking ability that ultimately leads to quality of life. Through RDI®, interactive opportunities are constructed and spotlighted in such a way as to allow the child to discover what was previously missed, build upon those discoveries in meaningful sequences, and integrate at a deep, lasting level.

◆ Integrated Listening Systems® (ILS®) (www.integratedlisteningsystems.com) An ILS® program is a multi-sensory, neurophysiological approach that combines auditory stimulation with balance, movement and visual motor activities. Research has found this program effective for children and adults experiencing sensory processing difficulties, attention and auditory processing difficulties, challenges in reading/learning, alertness/focus and self-esteem.

continued...
Other interventions include:

- Rhythmic Movement Training (RMT®) ([www.rhythmicmovement.com](http://www.rhythmicmovement.com))
  RMT® is a movement based, primitive reflex integration program that uses developmental movements, gentle isometric pressure and self-awareness to rebuild the foundations necessary to help overcome learning, sensory, emotional and behavioural challenges. The writer is in the process of certification and has taken levels 1 and 2 at this point.

- Child centered approach that includes cognitive behavioral strategies, sensory processing, dialectic behavior therapy and the CIRCLES program. This style of therapy is most useful for children or adolescents who require assistance in the areas of emotional self-awareness, self-management skills, relaxation strategies and sexuality education.

- Parents and teachers education.

- Workshops/consultation

Ages served: Primarily 4 - 18, parents and teachers, Special needs adults also considered and adults with sensory processing challenges.

Special Interests:

- Sensory processing
- Dynamic intelligence in neurodevelopmental disorders.
- Implications of relationships upon the neurophysiological process.
- Progressive, brain based sensory and movement based interventions that help clients unlock potential.
- Sexuality and developmental disabilities.

System of Referral: Self, physician, parent, etc.
ON THE SPECTRUM THERAPY SERVICES

Tamara Rogers, O.T. Reg. (MB)                                               Phone: (204) 415-7656
P.O. Box 47008                                                             E-mail: tamara@onthespectrumtherapy.com
Winnipeg, MB  R2H 0S0                                                      Website: www.onthespectrumtherapy.com

Area Served: Windsor, Rural Manitoba

Nature of Practice: Mental Health

Services Provided:

- Assessment
- Consultation
- Education
- Counseling
- Individual/Couples/Family Therapy
- Workshops
- Seminars

Ages served: All ages

Other: Occupational therapy services available in French.

Special Interests: Autism Spectrum Disorder, ADHD, Depression, Anxiety, Sensory Processing Challenging Behaviours, Independent Living Skills.

System of Referral: Self referral, physician.
PERSONAL BEST THERAPY

Gail McMillan-Law, O.T. Reg. (MB)  Phone: (204) 781-6450  
27 Florian Place  Fax: (204) 283-8405  
Winnipeg, MB R2N 3S2  Email: personalbesttherapy@mymts.net  

Area Served:  Winnipeg and surrounding areas  
Nature of Practice:  Occupational Therapy Assessment, Treatment and Consultation.  
Services Provided:  
- Permanent Impairment Assessments (Scarring & Range of Motion)  
- Personal Care Assessments  
- Discharge Planning  
- Child Care Assessments  
- Housing Assessments  
- Fine Motor / Visual Motor Programming  
- Handwriting Programming  
- Upper Extremity Rehabilitation  
- Splinting  
- Scar Management  
- School / Community Reintegration  
Ages served:  All ages  
Special Interests:  
OT Assessment & Treatment for Pediatric clients with:  
- Musculoskeletal/Orthopedic conditions  
- Hand injuries (including splinting)  
- Neurodevelopment Disorders  
- Fine Motor/Visual Motor/Visual Perceptual difficulties/delays  
- Traumatic Brain injury  
- Burn injuries (including scar management)  
- Handwriting issues (printing or Cursive)  
Occupational Therapy Intervention for Adult clients with:  
- Musculoskeletal/Orthopedic conditions  
- Hand injuries (including splinting)  
- Burn injuries (including scar management)  
System of Referral:  Contact by phone or fax. Parent, Caregiver or Self-referral; Physician referral or Third-party funder referral.