



Please help us share these FREE on-line modules. They were developed by Occupational Therapists, for Occupational Therapists, to help us understand and address our own health and wellness needs:

- [Occupational therapists' workplace fatigue](http://www.otfatiqesaot.info/)
(<http://www.otfatiqesaot.info/>)
- [Psychological Health in the OT Workplace](http://cbotlabs.wixsite.com/psychhealthotwork)
(<http://cbotlabs.wixsite.com/psychhealthotwork>)
- [Resiliency in the OT workplace](https://cbotlabs.wixsite.com/ot-bounce)
(<https://cbotlabs.wixsite.com/ot-bounce>)
- [Violence in the OT Workplace](http://cbotlabs.wixsite.com/ot-work-violence)
(<http://cbotlabs.wixsite.com/ot-work-violence>).

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