

Preventing Needless Disability
A 2-Day Skills Training Workshop for the Progressive Goal Attainment
Program (PGAP®):



The PGAP® is considered one of the most empirically supported interventions for targeting psychosocial risk-factors for disability. This training workshop is designed to equip rehabilitation professionals with skills in psychosocial intervention strategies such that they may be better able to assist their clients in overcoming the challenges associated with debilitating health/mental health conditions. To date, clinical trials have supported the effectiveness of the PGAP for reducing disability and promoting return to work in individuals who has sustained work injuries, individuals with whiplash injuries, individuals with fibromyalgia, and individuals with mental health conditions such as depression and PTSD. The demand for the PGAP has increased dramatically over the past few years and is considered a preferred service by many injury and disability insurers in North America. The PGAP has been included in the 18th edition of the Official Disability Guidelines (Work Loss Data Institute) as an evidenced-based approach to the management of disability.

Dates: April 26-27, 2019 Ottawa, Ontario and June 2-3, 2019 Calgary, Alberta

Instructor: Psychologist, Michael JL Sullivan, is a Professor of Psychology, Medicine, Neurology, Neuroscience, Physical and Occupational Therapy at McGill University, (Montreal, Canada) and Honorary Professor in the Faculty of Health and Behavioural Sciences at The University of Queensland, (Brisbane, Australia). He holds a Canada Research Chair in Behavioural Health

Registration forms, Speaker CV, Journal References: PGAPworks.com