



Beware:
Parenting Can Be Hazardous
To Relationships

Relationships Can Only Run on Fumes For a Limited Amount Of Time. If You and Your Partner Would Like To Learn How To Re-Ignite and Sustain the Flame, This Four-Week Course Might Be For You.

Within the four weeks, between two and four couples will learn and discuss:

- Setting up a space for adult time and communication
- Re-establishing the connection that attracted you to one another
- Healthy Communication Patterns
- How to Parent With Respect For One Another (even for parents of adult children)
- Successful Team Parenting

Facilitated by Dr. Cathy Moser, Clinical Psychologist

Dates: Thursdays, May 23rd & 30th and June 6th & 13th

Times: 8:00 p.m. – 9:15 p.m.

Place: Mind Matters Clinic, 3 -1250 Waverley Street

Who is this group for? Couples of any ages and stages who want to learn new ways to enhance their relationship and those who have drifted apart and want to re-boot and re-connect

Cost: \$110.00 x 4 = \$440.00 per participant (\$880.00 per couple)
Fees may be covered by Extended Health Care Insurance for a Registered Psychologist

Call (204) 477-8555 to register before May 17th