



Advocacy For Occupational Therapists/Therapy

MSOT Monday Meet-up

Monday, May 25, 2020



Introduction

How is everyone holding up?

Activity

Who am I checking in on or connecting with in my network today? This week?

Your Thoughts?

Biggest opportunities/greatest needs for OT advocacy during this pandemic?



OT in the workplace

Private Practice OT's are presented with different challenges in the workplace

- Staffing
- Rural commutes in Northern Manitoba
- Delayed Services even more compared to Shared Health/Other non-private services



OT in the workplace

Private Practice OT's are presented with different challenges in the workplace

- PPE acquisition and knowledge about appropriate PPE is especially difficult.
- MSOT reached out to Shared Health via letter – no response yet
- Other solutions? Other Private practices together trying to figure out guidelines.
- Look to Pharmacists of Manitoba as resource



Internet for Northern Communities

Advocacy for Northern Communities is important more than ever!

- Potential for MPI to be a hub for providing internet to northern communities – telehealth
- Manitoba Hydro? Fiberoptic cables a possible way to get internet up north.
- 23 Private Practice OT service providers associated with MPI.



Future of OT

Briefly discussed, more to come!

- Job uncertainty at many work sites.
- Adapting to New ways of providing OT services
 - Example - court ordered assessments in Forensic Mental Health a greater challenge over telehealth
- There is a great opportunity for Occupational Therapists right now to work on promoting OT services.

Topics for Meeting on June 8!

Occupational Therapy in the Workplace

Future for OT's – To be continued

Mental Health – Coping with COVID Groups

Age Well in the community

Front Line Workers Recognition Dollars

How do we Advocate for Occupation?!?

A few additional resources

CAOT Advocacy page

<https://caot.ca/site/adv/resourcespage?nav=sidebar>

Ontario Society of Occupational Therapists (OSOT):

<https://www.osot.on.ca/OSOT/Advocacy/OSOT/Advocacy.aspx?hkey=314a0c1f-abeb-449e-b66b-2fa7b35c8f6f>

<https://www.shrs.pitt.edu/ot/how-occupational-therapy-can-help-you-stay-track-during-covid-19-pandemic>

OSOT Facebook page: Sunny Side Up

<https://www.facebook.com/OntarioOTs/posts/3111822595536085>

Mindfulness Activity

12 Min Desk Meditation Link - Sunny Side Up

https://www.nataliematias.com/pocketmeditations?utm_campaign=Wellness%20tip%20CTA%20-%20desk%20meditation%20landing%20page&utm_medium=&utm_source=&utm_content=&utm_term=Listen%20now



Questions?



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Thank You!

Upcoming Events: Advocacy Part 2

Next Monday Meet-up

Monday June 8, 2020 at 8-9pm