

ILLUMINATE SPEAKER SERIES

Long COVID: On the ground real-time evidence and lived experience

Thursday, September 23 | 12:00 – 1:00 pm | Presented via Zoom



Dana Kliewer

Speakers: Dana Kliewer, Katie Kitchen and Marlee Mayer

Dana Kliewer is a physiotherapist in the regional pulmonary rehabilitation program at Deer Lodge Centre. An alumnus from the College of Rehabilitation Sciences, she began working with individuals with long-COVID in December 2020. She recently completed training in the Bradcliff breathing method for dysfunctional breathing, and has integrated this training into the management of individuals with long-COVID.



Katie Kitchen

Katie Kitchen is a registered occupational therapist and alumnus of the College of Rehabilitation Sciences. Currently a community forensic mental health specialist with Shared Health Manitoba, Kitchen was a confirmed positive case of COVID-19 in December 2020 and has subsequently experienced numerous symptoms of long-COVID. She shares her insights both as a health-care professional and as a patient, with the goal of bringing further awareness to the multifaceted challenges of long-COVID.

Marlee Mayer is a registered occupational therapist and alumnus of the College of Rehabilitation Sciences. She has worked with adults and older adults in the areas of long-term care, long-term ventilator unit, communication devices program, geriatric rehabilitation, motor neuron disease clinic and geriatric day hospital. Mayer began working with the pulmonary rehabilitation program at Deer Lodge Centre in January 2021 with the goal to bring further awareness to long-COVID and provide insight into its complex challenges.



Marlee Mayer

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